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Exploring Muslim Tourist Complementary Needs on Halal Spa Facilties To Support Indonesia's ShariaTourism

Abstract

The halal spa is now fast developed along with Muslims' halal lifestyle and their increased welfare. Spa becomes one of the four halal-tourism products development besides hotels, restaurants, and travel agents. This study aims to describe the review of Islamic law on body spa services and describe the spa facilities needed by Muslim tourists. This descriptive qualitative study involved kinds of subjects including spa consumers, owners, therapists, and religious leaders. The data were collected using focus group discussion, observation, and document study. The obtained data were analyzed using Miles and Huberman's pattern. This study was analyzed by Magasid al-Shariah (the objective of Islamic law) and Classification of Benefits of the Objectives of the Shariah theory. Results showed that spa services had fulfilled the principles of sharia business transactions that covered selling and buying services or benefits. The business was legal if it went along with the provisions of the Shara ' (the legal system of Islam) and the sale contract. Moreover, the process and purpose should be for the sake of maslahah (Public interest). In accordance with Magasid al-Shariah (the objective of Islamic law), spa services provided benefits for "Hifd al-'Aql" (Preservation of intellect) and "Hifd al-Nafs" (Preservation of life). There were three levels of spa Complementary Needs that could be categorized into three criteria such as *Daruriyyat* (Basic Necessities), Hajiyyat (Complementary Needs) and Tahsiniyyat (embellishment). Furthermore, another result explained that there were 14 elements of spa facilities. The critical point in such facilities that often occurred was the fact that the spa room was no longer private because male and female customers could be in the same room. The second critical point was that the bath-up was used together at the same time. The third critical point was in accordance with the ornament and interior space because halal spa should be free from any polytheism and pornography elements. The last critical point was about the presence of a mixing area for men and women.

Keywords: Body; Halal spa; *Maqasid al-Shariah*; Muslim;travel

Introduction

Halal discourse has been upward not only in the area of food, beverage, cosmetics but also in all aspects of life including body care or treatment services (spa). Currently, halal is not just a

brand, but it is a lifestyle that gives additional value to consumers. The spa is known as a place for body care or treatment through various services covering facial, hair treatment, and body care. The spa comes from the Latin words *Solus Per Aqua* that mean treatment using water. In Indonesia, the spa is well-known as *Tirta Husada* (Faidah, 2015). It also becomes the name of a small city in Belgium that has an efficacious mineral water source for body treatment and health.

The tradition of body treatment can be traced to the long history of human civilization. The habit of bathing in various types of flowers and the treatment using water for body fitness began a thousand years ago. For instance, in the era of ancient Egyptian civilization, the kings and queens had a habit of bathing in water that was full of flowers, spices, and milk baths as Queen Cleopatra did. In Egypt, Cleopatra's bathing artifacts were found (Hamer, 2018). In Europe, the spa is usually connected with treatment using mineral water from natural spring sources. Many European countries have fitness centers and treatments using mineral water which are known as a spa. In Turkey, the centers and treatments are familiar with the name of Turkish Bath. Meanwhile, in Germany, those two are called "Kurhaus" (Germany The Travel Destination, 2018).

In most Asia countries such as China, Japan, and Indonesia, there are dissimilar variations of bathing rituals including the diverse procedures. In Java, the nobility and King-Queen families have a bathing tradition using various flowers and spices. They believe in the old Javanese phrase "Rupa Sampat Wahya Bhiantara", which means that there is always a balance between what appears in the eye and what lies in the soul and mind. Each palace has a bathing place for the Queen and Royal Princess (Saptandari, 2015). Spa in ancient times was limited to the royal property to indulge the princesses' bodies with pure water and selected flowers and leaves from the natural wealth of the kingdom.

In line with the growing modernity, a tough living competition, and a community's advanced welfare, the need for a place to relax seems to be highly demanded by society. To cope with that, the spa becomes an alternative way to relieve physical and mental fatigue due to intense daily-routines. This means that there are promising business opportunities for services that work on making stressful people become healthier and more beautiful, of which the service is known as spas and aromatherapy. Spa venues grow quickly with various offered benefits covering the form of services themselves, facilities, and cosmetic ingredients used. Various spa businesses in Indonesia is including choice of the day, destination, resort, hotel, and Halal spas.

The Spa Business Survey results conducted in April 2015 showed that Bali Province had the highest number of spa business about 34.82% of the total spa businesses in Indonesia. The second position was DKI Jakarta Province with 29.04%. The third position was occupied by West Java Province as much as 7.63%. East Java Province was in the fourth position with the total numbers of 5.18% of all spa businesses in Indonesia. The fifth position was D.I. Yogyakarta Province with 4.56%. In addition, the percentages number of spa companies or businesses in other provinces are under 2% (Badan Pusat Statistik, 2015). The data exhibited that spa is still dominated by provinces or regions that become the main destination for foreign tourists.

The population of Muslim is growing rapidly and it is expected to become 26.5% of the world's population by 2030. Indonesia is the country with the largest Muslim population in the world (205 million). About 88% of Indonesia's population is Muslim. Therefore, faith is increasingly influencing their decisions to buy the products. They are looking for product and services in consideration of their faith. The market for halal products in Indonesia is also large. Previously, halal products are only food products, beverages, medicines and cosmetics. But now there has been an evolution in the halal industry to lifestyle products (travel, hospitality, recreation, health care and Spa). Referring to the 2018 Global Muslim Travel Index (GMTI) data, Indonesia is the second destination country for world Muslim tourists which mostly visited after Malaysia. One of the sharia tourism components is Halal Spa. The spa provides a new repertoire in tourism in Indonesia. The statistics center survey reported about 1,236 spas around Indonesia in 2016. However, the spa which has been certified of halal was only three units. A total of 29 spas are in the process of obtaining halal certificate (Kemenpar, 2009). Actually, the number of Spa in operation is more than the number of censuses. As a new issue in the field of sharia tourism, the number of Halal Spas as compared to thr conventional Spas has not been balanced.

The halal spa that aims to respond to the Complementary Needs of Muslim consumers in rejuvenating their bodies becomes more popular. In fact, the spa has become one of the four pillars of halal-tourism product development besides hotels, restaurants, and travel agents (Faidah, 2016). During 2017, the number of foreign tourists which visiting Indonesia has reached 14.04 million or increased by 21.88% as compared to the previous year which was about 11.52 million (Badan Pusat Statistik, 2015). Based on the 2016 Global Muslim Travel Index (GMTI) MasterCard-Crescent Rating study, the total number of world Muslim tourists reached 117 million in 2015 (Crescent Rating, 2017). In 2017, there were estimated about 131 million Muslim visitor arrivals

globally – up from 121 million in 2016 – and it is estimated to continue grow up to 156 million

visitors by 2020 representing 10% of the travel segment. The Muslim travel market is on course

to continue its fast-paced growth to reach US\$220 billion by 2020. It is expected to grow a further

US\$80 billion to reach US\$300 billion by 2026 (Crescent Rating, 2017).

The high demand of the halal market requires managers of tourism businesses to improve

and to give suitable services for the Complementary Needs of Muslim tourists including spa

services. Six faith-based needs have been identified as the main areas for Muslim travelers. While

the majority of Muslim travelers adhere to some of these needs, the level of importance varies

among Muslims. There are Halal food, Prayer facilities, Ramadan services, Water-friendly

washrooms, No non-Halal activities, Recreational facilities & services with privacy. Muslim

travelers are not homogeneous in their adherence to the faith-based needs. In order to cater to these

needs from a services and facilities perspective, service providers can look at grouping these needs

into "Need to have", "Good to have" and "Nice to have". The spa is one of the facilities and

services with privacy that foreign tourists are interested in when traveling. The service indicators

for Muslim tourists weigh 45%. one of these services is a spa (Crescent Rating, 2017).

Most Muslim tourists cannot enjoy the halal spa that encounters the Islamic standards. This

is due to the fact that the majority of spa houses are still conventional style. Along with Halal

Tourism developed in Indonesia, several Halal spa venues start to emerge and develop greatly.

However, this is not accompanied by the improvement of spa owned by several hotels with good

reviews in Indonesia. Most of the star hotels' spas are still conventional and they have not fulfilled

the standard of Halal spa. Therefore, it is necessary to observe Halal spa's components including

by the aspects of service and facility, which are relevant with Complementary Needs of Muslim

tourists.

The halal spa is a new issue in the tourism field. This study is an effort to socialize the spa

concept in accordance with an Islamic perspective and to invite academics and tourism

practitioners to participate in the project by producing reliable resources in the field of Halal Spa

in near future. This study specifically aims to describe the spa facilities needed by Muslim tourists

and describe Islamic law reviews concerning body spa services.

Literature Review

Spa: Indonesian Experience

According to Law Number 10 year 2009 concerning on Tourism, spa business is a maintenance business that provides services with a combination of water therapy, aromatherapy, massage, spices, healthy food and beverage services, and physical activity with the aim of balancing the soul and body by referring to the local traditions and cultures. The purpose of spa services is to maintain, improve, and restore health in terms of freshness and beauty (e.g. inner and outer beauty). Spa services provide body relaxation to get a balanced body, mind, and spirit. To reach the goal, the spa not only relies on natural sources of mineral water and hot water (thermal therapy) but also other elements such as aromatherapy, massage, herbal ingredients, supportive atmospheres such as strains music and room colour that can create an expected atmosphere (KementrianPariwisata, 2009). The spa is a traditional health service that uses a holistic approach yet comprehensive care utilizing a combination of hydrotherapy and massage skills that are held in an integrated manner to balance the body, mind, and spirit.

The categorization of spa services according to the treatment goals are set into two categories namely Wellness or Health spa which provides health maintenance and prevention services that focused on relaxation and rejuvenation. Then, Medical spa provides overall services covering health improvement, maintenance, and prevention by prioritizing recovery or called as revitalization-rehabilitation. Therefore, several important components in the spa consist as follow:

- 1. Water therapy or hydrotherapy is the utilization of water and several natural ingredients, such as from plants, minerals, essential oils, salt, milk, mud, and scrubs for body healthcare by regulating temperature, pressure, current, moisture, and water content.
- 2. Massage is body care or treatment technique by massaging muscles using limb movements (e.g. hands, fingers, elbows, and feet) or other assistive tools that are soft to skin, muscles, and nerves. The massage gives stimulation, relaxation, and smoothen blood and lymph circulations.
- 3. Aromatherapy is a body care technique using essential oils that are efficacious, in which the oils can be implemented by inhaling, compressing, applying to the skin. Such efforts can be more effective if accompanied by massage. The ingredients are active substances taken from aromatic plant extracts such as extractions from flowers, leaves, roots, stems, and fruit seeds, which have stimulation or relaxation effects.
- 4. Relaxation is an effort to reduce fatigue, tension, physically, and mentally.
- 5. Rejuvenation is an effort to rejuvenate the body to reveal more beautiful looks.

- 6. Revitalization is an effort to empower the function of organs to be optimally more healthy.
- 7. Spa therapist is the one who has a determined competency level of conducting spa services and it has the authority to carry out his profession [KementrianKesehatan, 2018].

Each spa venue offers specific concepts and services that include at least seven elements. The elements involve massage techniques, cosmetics/ingredients used, therapist's appearance and skills, spa's spatial design and room, linen and equipment, music, and aromatherapy. Currently, many various spa concepts with ethnic nuances are massively developed, such as a spa with Javanese, Balinese, Madurese, Middle Eastern, Sundanese, and up-to modern concepts. In the spa house with a Javanese concept, for instance, all of the Spa's ornament, interior, exterior, music, material, aroma, linen, furniture, cosmetics, and clothing reflect to the distinctive Javanese culture. There is also a spa featuring acculturation of two cultures such as Javanese spa at the Inna Beach Bali hotel that combines Balinese and Javanese cultures (Catharine, 2018). The spa is a type of service that is full of cultural and ethnic nuances and traditions. Many spas developed in a country are expected to help preserve the wealth of the Indonesian tradition.

Any concept offered by spa services should consider a clean, comfortable, safe, and healthy environment and be carried out according to culture and moral norms. Several aspects that can importantly highlight a good stereotype of a spa include the lighting, color, sound, aroma, temperature, and treatment room. These aspects are essential because customers are bio-psychosociocultural and religious beings who want comprehensive and complete services to achieve optimal health. That is, whatever spa concept carried out provides a broad opportunity to integrate Islamic values. Thus, Halal spa can have an ethnic concept by including several elements of a spa, both in offered services and facilities.

Islamic Concept of Spa

Islam provides guidance to its adherents to look clean, beautiful, and pleasant: "Verily Allah is beautiful and loves beauty" (Shihab, 2003). In a vertical interaction with Allah, Muslims are required to clean themselves from the great *hadast* (miserable semen, menstruation, sexual intercourse, etc) by "ghusl *Junub*" (the major or full-body ritual purification mandatory with water before the performance of various rituals) and from small *hadast* (defecation, farting, urination, deep sleep, etc) by *wudhu* (the minor of ritual purification or ablution with water). Moreover, there is also a recommendation to wear beautiful clothes while praying as mentioned in QS. Al-A'raf

31: "Wear your beautiful clothes every time you enter the mosque." In the context of the relationship with Allah, a Muslim is commanded to be fresh, clean, and holy. Likewise, they need to do the same thing in the context of interaction with human (al-Thabari, 1972). The Prophet Muhammad SAW once said to his companions when they wanted to come to their brother, "You will come to your brothers and sisters. Therefore, please repair your vehicle and wear good clothes so that you become like moles in the midst of mankind. Verily Allah does not like something bad"(HR. Abu Dawud and Judge) (Dawud, __).

The Hadith also provides a clear depiction of the profile of a Muslim. Appearance becomes something that is also important in addition to the inner appearance because both inner and outer beauty are Islamic teachings. Rasulullah SAW has declared that inappropriate appearances or clothing conditions as a bad thing and they are hated by Islam. Islam invites Muslims to always look good. Thus, a Muslim must show his Islamic identity from how the way they look including cleanliness, purity, and beauty. The balance between a good appearance of the body and mind is the guidance of Islam.

Islam introduces five dispositions in term of body care that depicted in the *Sunnah* including removing armpit hair and shaving pubic hair. This is highly recommended in Islam to maintain the cleanliness and beauty of a Muslim's body. Therefore, a Muslim should not leave the *Sunnah* for more than 40 days. In the hadith mentioned that "Five things included in *fitrah* (purity) involve shaving pubic hair, circumcision, thinning moustache, removing the armpit hair and cutting nails." (Narrated by Bukhari Muslim) (Al-Athqalani, 1996). Islam also recommends maintaining oral hygiene by cleaning teeth using *siwak* or toothbrush. Toothbrushing is recommended in every circumstance and it emphasized when going to perform *wudhu*, pray, read Qur'an, enter the house, and wake up at night to do a midnight prayer. Rasulullah SAW said, "If it is not burdensome to my people, surely I will order them to do toothbrushing every time they will pray." (Narrated by Bukhari and Muslim) Al-Athqalani , 1996). In addition, a Muslim woman should protect her mouth from unpleasant odors. "Whoever eats shallots and garlic and chives, then do not approach our mosque." (Narrated by Muslim) Al-Athqalani , 1996). The unpleasant smell disturbed angels and people who were present in the mosque and reduced concentration in prayer. Henceforth, a Muslim woman should also maintain her breath smell every time.

Islam also recommends for treating nails so that the bacteria and dirt are not tucked. The Prophet said: "cut off your nails, actually, the Satan is hiding under your long nails" Al-Athqalani

, 1996). Many bacteria live under long and dirty nails. This kind of condition can transmit various diseases. When taking a toilet and do not wash the hands, we might get ill because the bacteria might move into our food. That is, Islam encourages people to maintain health and care the body that Allah gives. One of the efforts to maintain it can be conducted by doing a spa or body care.

Islamic spa concepts can be elaborated in the perspective of Maqasid Shariah. In Islamic law context, it can refer to the purposes of the Islamic faith. The objective of shariah is to promote the well-being of all mankind. It is basic for the establishment of welfare in this world and the world hereafter in the sense that if they are ignored then the coherence and order cannot be established and fasad (chaos and disorder). There are five objectives as follows Table 1.

Table 1. The Five Objectives of Shariah

The Objectives	Description
The Preservation of	The preservation and protection of religion under all
Religion	circumstances or conditions.
	Example: Jihad (defending Islam if it attacked by the
	enemies).
The Preservation of Life	The preservation and protection of life under all
	conditions. Example: to protect life is enacting a severe
	punishment for those who kill another (qisas) and
	abortion is prohibited, the order or healthy life, etc.
The Preservation of	The preservation and protection of intellectual and mind
Intellectual	under all conditions.
	Example: The prohibition of liquior consumption or
	harmful substances that will affect the damage of the
	brain.
The Preservation of	The preservation and protection of descendants and
Lineage	honor under all conditions.
	Example: The prohibition of committing adultery or
	other immoral behaviors.
The Preservation of	The preservation and protection of property under all
Property	conditions.

Example: Distribution of wealth in a fair manner through
Zakat or infaq.

The Muslims scholars have classified the objectives of Shariah into three categories in descending order of importance (Table 1).

Table 2. The objectives of Shariah into three categories in descending order of importance

The Categories	Description
Daruriyyat (Basic	Essential elements for human life. The absence of these
Necessities)	elements may cause destruction and damage.
	Examples: Spa for healing diseases.
Hajiyyat	Secondary needs. The lack of any of these needs is not
(Complementary Needs)	a matter of life and death. Its existence is needed to
	provide convenience and eliminate difficulties.
	Examples: health Spa.
Tahsiniyyat	All the needs for life to be comfortable and more
(Embellishment)	comfortable, easy and easier, more spacious and more
	spacious, and luxuries.
	Examples: Wellness Spa

The difference among Daruriyyat and Hajiyyat and Tahsiniyyat is its influence on human existence. Referring to Spa services to maintain, improve, and restore health in terms of freshness and beauty and to achieve a balance between body, mind, and soul (spirit) for optimal health conditions then Spa performs objectives of shariah including hifd al-Nafs (Preservation of Life) and Hifd al-Aql (Preservation of Intellect). Judging from the three categories, Spa moves from Daruriyyat, Tahsiniyyat, and Hajiyyat according to the circumstances. The implication of the theory is the formula for Spa facilities based on the level of need.

Methodology

Research Design

This study used a descriptive qualitative approach. The qualitative study was a study that was used to describe and analyze the phenomena, events, social activities, attitudes, beliefs, perceptions, and people individually or in groups. The descriptive method could be interpreted as a problem-solving

procedure that was investigated by describing the state of the subject or object based on the facts appeared (Nassaji. 2015). The purpose of this descriptive study was to make a systematic, factual, and accurate description concerning on traits and relationships between the investigated phenomena. The qualitative descriptive approach to review the spa concept in Islamic law and traveler needs.

Research Subjects and Data Collection Techniques

The subjects of this study were spa consumers, owners, therapists, and religious leaders. The data were collected using interviews, FGD, and document checklist. The obtained data were analyzed following the pattern of Miles and Huberman with four stages: (1) field data collection through FGD with owners, therapists, and religious experts about the concept of Spa. In addition, the interviews with Muslim consumers and checklist documents to explore the Spa facilities is needed, (2) data reduction covering a process of selecting, focusing, abstracting, transforming rough data in the direct field. At this stage, the interview results are interpreted as consumer needs and organized into three categories, primary facilities, secondary facilities, and tertiary facilities (3) presentation data, which were series of information that would be carried out. At this stage, it is determined the relative importance of consumer needs and (4) conclusions drawing by reflecting on the results and processes (Huberman and Miles, 2013). This study is limited to seven spas in East Java (provinces in Indonesia) and 70 informants.

Data Validity Test

Validity test of the data used triangulation namely triangulation of sources by checking the data obtained through several sources. Moreover, it also used triangulating techniques by checking the same data but with different tools. Triangulation of techniques was conducted by matching the results of interviews with the document checklist. Whereas, triangulation of sources by matching explanations of therapists, owners, and religious experts about the Spa concept

Result and Finding

Legal Review of Body Spa

There were various spa services, for instance hair spa, pedicure-manicure, body spa, V-spa, and others. This discussion focuses on body spa. Body spa was a series of body treatments

that consisted of several stages namely: (1) whole body massage therapy, this body massage aimed to improve blood circulation and to give muscles relaxation; (2) body scrub which aimed to remove dead skin cells, smooth and clean the body, and eliminate the body odors; (3) Steam body aimed to open pores, remove toxins and facilitate blood circulation; (4) the body mask was to close the pores that are open during steam, lighten the skin and tighten the skin; (5) soaked with flower water/milk bath/ aromatherapy (Othman, 2015). The spa process usually took up to two hours which starting from massage to scrub, then bathing using spices that could refresh the body. Body areas treated during massage included back to buttocks, back legs, front legs, hands and chest (Efendi, 2018). The comfort presented by body spa ensured that clients might fall asleep while taking the chosen treatment. So that, spa contained treatment, health, and pleasure.

Based on Islamic law, spa services contained two aspects such as transaction elements and service operations. Based on the transaction elements, there was a provision that everything in *muamalah* (The commercial transactions between the parties) was changed until there was an argument showing its prohibition, as contained in the rules: "*Kullu Sai'in Mubahun, Hatta Dalla alaihi al-Dalil ala Tahrimihi*" (Everything is permitted until there is a proposition that forbids it) (Zaidan, 1987). Islam did not prohibit a *shara'* contract if the contract was still adhered to the rules of *shara'* in general. For this reason, there were several contract principles that must be fulfilled in the Islamic economy such as: (Yuspin, 2007).

- 1. There was no *riba*' (Usury) practice.
- 2. There must be no element of fraud.
- 3. There must be no element of gambling.
- 4. There must be no element of harm.
- 5. Injustice must not occur.
- 6. There should not contain immorality.
- 7. There must be no prohibition.

Transactions for using spa services were permitted as long as they did not violate any of the above seven contract principles. In the context of Islamic economics, spa services had met the regulation of business transactions. The transaction was about selling and buying services or benefits. The therapist's ability to massage and scrub was a useful skill for people who searched for the therapy, for that the person who used the therapy service must give a trial/payment to the therapist. In the process of steamer and flower bathing, service users enjoyed the services, so in

return, they must also provide the *ujroh* (Fee or the financial charge for using services). As a service business, the spa did not violate the law in a business context. The activities including all the systems and management that developed at this time had fulfilled the *ijarah* (The type of contract in Islamic transaction) contract. However, a business would be legal if it went according to the provisions of the *Shara*' start from the contract, the process, and the goals. It was not only economically beneficial but also contained *maslahah* (the best public benefit or interest) which was in accordance with the objectives of *Shara*'.

In regard to *Maqasid al-Shariah*, spa services provided benefits for "*Hifd al-'Aql'*" (Preservation of Intellect) and "*Hifd al-Nafs*" (Preservation of Life) (Zaidan, 1987). In accordance with *Hifd al-'Aql*, spa services were able to neutralize tension, break down the pressure of mind, reduce fatigue, and boredom both physically and mentally with the relaxation offered. In regard to "*Hifd al-Nafs*", spa services could help rejuvenate the body and empowered the function of healthy organs to obtain a more optimal level of health. While reviewing the level of spa Complementary Needs, Islamic law could be categorized into three criteria namely: *Daruriyyat* (Basic Necessities), *Hajiyyat* (Complementary Needs) and *Tahsiniyyat* (Embellishment). To cope with *Daruriyyat* (Basic Necessities), the spa was the only treatment technique such as healing pain in the pubic area that could only be treated with a spa therapy. *Hajiyyat* (Complementary Needs) described as when the spa helped to optimize the performance of body organs. *Tahsiniyyat* was when spa aimed for beautifying the physical appearance. These three levels of Complementary Needs resulted in different spa's legal status. Differences in legal status also rose an impact on the legal differences in operational services as explained below:

- 1. Spa's operational services that passed the same sex line. If the therapy was aimed for "Daruriyyat" (Basic Necessities) treatment, it was allowed to see and touch the heavy genitals by following the rule of "al-Darura Tubih al-mahzurat" (The Basic Necessities make the impermissible canonically permissible). However, if the spa had the dimensions of Hajiyyat (Complementary Needs) and Tahsiniyyat (Embellishment), then the limit of the female's naked body must not be seen and touched, whereas the other body parts could be seen and touched.
- 2. The touch that occurred between the therapist and the treated person should be still in a professionalism corridor. On the contrary, the touch wrapped in lust had violated one of the seven principles of transaction namely not to have infidelity.

- 3. The occurrence of *ikhtilat* (mingling) between men and women. Spa services, according to Islam, only provided opportunities for therapists and those treated equally. Mixing treatment should not occur, either from the side of the spa room or the therapist.
- 4. Food, drinks, and cosmetics provided in the spa series must be guaranteed its halal products.

Halal Spa Facilities

Based on the interview results with spa consumers and the checklist document related to spa facilities needed, the elements of spa facilities that wanted by Muslim consumers can be drawn as follows:

- 1. The lobby area was a terrace room near the entrance which was usually equipped with various tables and chairs which functioned as a waiting room. The lobby needed to be equipped with Islamic reading books such as magazines, tabloids, or other Islamic books.
- 2. The front office needed to be equipped with written information explaining (1) this Spa is a Halal Spa; (2) types of spa services; (3) the price of each service; and (4) the type of cosmetics used. Cosmetics/ingredients with the official halal logo or made from herbs needed to be displayed in the room.
- 3. Clean toilets were another important thing. The toilet should be well-maintained and separated between men and women toilets, of which each toilet should be equipped with practical tools for washing.
- 4. The place of prayer needed to be equipped with (1) clean and well-maintained prayer equipment, (2) *Qibla* directions, (3) a clean and well-maintained prayer room, (4) good air circulation with cooling or fan, (5) bright lighting, (6) place for *wudhu* with a clean and well-maintained condition, (7) the prayer time schedule; and (7) clean water installation for washing.
- 5. Interior and ornaments did not lead to polytheism and pornography.
- 6. The spa room had the following elements and criteria; (1) the room for customers was neatly arranged, clean, well-maintained, and comfortable and (2) changeable lighting; (3) halal therapeutic ingredients; (4) good air circulation with cooling or fans; (5) complete *lenna* (kimono, spa wardrobe, towel, washcloth, and slippers) that were clean and free of germs and maintained according to general health regulations; (6) dressing room that guaranteed privacy; (7) spa equipment was well-maintained, neatly arranged, safe, and

clean; (9) the furniture was neatly arranged with the principles of safe, comfortable, and efficient; (10) bathtubs must be clean, well-maintained, and guaranteed customer's privacy; (11) well-maintained trash cans in accordance with general health principles; (12) first aid equipment; and (13) locker where customer's belongings were stored.

- 7. Therapist room must be appropriate for taking a rest and self-preparation.
- 8. Music was not in a porn nuance.
- 9. Bathtubs were used personally. If the bathtubs were used together, each client must use a cloth.
- 10. The rinse room was used by spa customers to rinse their body after treatment and use it personally.
- 11. Washing sink was equipped with cleaning soap and antiseptic, including adequate clean water.
- 12. Locker was to leave customers' personal belongings during the spa treatment.
- 13. The eating and drinking area were needed for eating and drinking after the treatment.
- 14. Lighting control should be considered appropriate by setting the amount of irradiation according to the type of treatments.

The critical point in spa facilities that often occurred in the conventional spa was paired spa services, which gave a space for two clients of different sexes, such as men and women. This was not allowed because the spa room became no longer a private space but more into public space due to the presence of two non-*mahram* sexes. The status of being a public space required the obligation to close the genitals and this was not possible to be carried out during the spa process.

In addition to space, the second critical point was the use of bathtubs together at one time. If the bathtubs were simultaneously used, customers needed to wear available treatment wardrobe. Meanwhile, shared use of men and women in one bath-up was not permitted for any reason.

The third critical point was ornament and interior space. In some places, the spa was equipped with a place of worship completed with offerings and burned incenses. In addition, paintings or pictures in the room depicted a woman's naked body. The halal spa must be free from those elements that might lead to polytheism and pornography.

The fourth critical point was the mixing of men and women during the treatment process. The halal spa was sterile from the mixture, both mixing space and therapists. Male clients cared by male therapists while female clients cared by female therapists by referring to professionalism and binding ethic codes. Spa services for men should be separated from the women's room.

As an effort to ensure whether spa treatments did not conflict with Islamic values, a minimum standard of the spa must be first established, including (Al Hasan, 2017):

- 1. Separated treatment room for men and women.
- 2. Mind and physical therapy did not lead to sharia violations or lead to shirk.
- 3. Men's therapists were only for men while women therapists were for women.
- 4. There were facilities that made easier to pray.
- 5. Cosmetics used were supported by official halal logo products.

Based on the results of the BPS survey, there were 81.55% of spa businesses in Indonesia providing music facilities, 60.52% provided soaking tubs, 95.39% provided clean toilets, and 68.04% provided lockers or luggage storage (Badan Pusat Statistik, 2018).

Crescent Rating provided standards and awards to the Halal Spa business by giving two ratings namely: "A" rating and "AA" rating. A spa with an "A" rating adhered to the Islamic criteria and provided a satisfying spa service for Muslim tourists. While the spa with "AA" rating was a spa designed specifically for Muslims. Some of the main elements of ranking were the level of privacy offered by the spa. Crescent Rating required a separated area for men and women, a spa with "AA" rating provided a separated area while the "A" rating provided separated times for men and women (Crescent Rating, 2017).

Second, the therapist had professional qualifications and had a competency certificate. A female employee served a spa for women while the male employees were in the male department. The clothing worn should be in accordance with Islamic rules. Third, spa businesses must be registered with local authorities and obtained licenses from local authorities to run the business. Fourth, the products used were halal certified or herbal products. At last, the spa informed Muslim customers that the spa was in accordance with Islamic requirements and it was visitable.

Conclusion

The findings of this study can be used to develop Halal Spa according to Islamic Values. Spa services had fulfilled the principles of sharia business transactions that covered selling and buying services or benefits. The business was legal if it went along with the provisions of the *Shara* ' and the sale contract, of which the process and the purpose for the sake of *maslahah*. In

accordance with *Maqasid al-Shariah* (the objective of Islamic law), spa services provided benefits for "Hifd al-'Aql" (Preservation of Intellect) and "Hifd al-Nafs" (Preservation of Life). There were three levels of spa Complementary Needs that could be categorized into three criteria namely *Daruriyyat* (Basic Necessities), *Hajiyyat* (Complementary Needs) and *Tahsiniyyat* (Embellishment). Another result explained that there were 14 elements of spa facilities. The critical point in such facilities that often occurred was the fact that the spa room was no longer private because male and female customers could be in the same room. The second critical point was that the bath-up was used together at the same time. The third critical point was in accordance with the ornament and interior space because halal spa should be free from any polytheism and pornography elements. The last critical point was about the presence of a mixing area for men and women. Hopefully, this research can be followed up by measuring the level of readiness and willingness of conventional spas to provide services and facilities according to the halal Spa concept.

Acknowledgment

We would like to express our gratitude to the Ministry of Research, Technology and Higher Education for providing opportunities to research on topics Halal Tourism. We also want to thank the informants, Spa owners who helped me in completing this project

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2.Bukti konfirmasi review dan hasil review (29 Januari 2020)



MS #1313 - International Journal of Religious Tourism and Pilgrimage

1 message

Kevin A. Griffin <editor-ijrtp-1313-1451068@arrow.tudublin.ie> 29 January 2020 at 04:00 To: =?UTF-8?Q?=22Mutimmatul_Faidah=22?= <mutimmatulfaidah@unesa.ac.id> Cc: The Authors <authors-ijrtp-1313@arrow.tudublin.ie>, The Editors <editors-ijrtp-1313@arrow.tudublin.ie>

Dear Mutimmatul Faidah and Hery Rusmanto

We believe that your submission "Exploring Muslim Tourist Complementary Needs on Halal Spa Facilties To Support Indonesia's ShariaTourism" shows considerable promise. Although we cannot accept it in its current form, we believe that with certain changes we may be able to accept your submission.

[Insert changes here or delete if not required]

To see the reviews, please go to the following page:

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To submit a revision, use the Revise Submission link on that page.

Thank you,

Kevin A. Griffin Editor

International Journal of Religious Tourism and Pilgrimage

Reviewer 1:

Exploring Muslim tourist complementary needs on halal spa facilities to support Indonesia's sharia tourism.

Introduction

The paper presents a review of Islamic law on body spa services and described the spa facilities needed by Muslim tourists according to the Islamic teachings. The paper elaborated on Islamic law objectives regarding the topic under discussion. The paper introduces and explains the five objectives of shariah. It has been discussed that spa services lie within the limits of the Islamic law. Results showed that spa services had fulfilled the principles of shariah business transactions that covered selling and buying services or benefits. There were three levels of spa complementary needs that fall under three Islamic classification of need: basic necessities, complementary needs, and tertiary needs. The paper gives a brief historical account on the origin of spa. The spa business in Indonesia has been looked into where Bali has 34, 82% of the total businesses and Jakarta 29.04%. The paper describes in detail spa services, its categories, and components. The paper states that in line with the growing modernity, a tough living competition, a community's advanced welfare, the need for a place to relax seems to be highly demanded by society. The reason why halal spa is needed has been fore grounded as faith is increasingly influencing the decision of Muslim tourists to buy spa products. The reasons why halal spa is needed have been well represented: the number of the population of Muslim tourists visiting Indonesia, halal spa being part of shariah tourism components, and the spa as a new repertoire in tourism in Indonesia.

Methodology and research

The qualitative descriptive approach is appropriate for such study as the results can be easily predicted and there is no need for elaborate questionnaire regarding that topic. The data were collected using interviews, focus group discussion (FGD), and documents checklist; however, there are no supplementary materials to show or prove that.

General remarks

- The researcher has used Arabic religious terms; however, clearly they are non Arabic speakers. That is why some errors have been spotted throughout the paper: Islamic concept of spa (great hadast and small hadast) should be Hadath Akbar (big filth) and Hadath Asghar (small hadath), p. 6.
- Ambiguous translation (miserable semen), p. 6.
- athqalani should be Al-Asqalani, p. 7.
- hadith you will come to your brother and sisters..., cut off your nails ..., p. 7 are not authenticated hadith.
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- And fasad (chaos and disorder), an incomplete clause, p. 8.
- Wrong translation (was changed until there was an argument...) changed here doesn't match the Arabic word mubaah, p.11.

- Ujroh is wrong, and it should be ujrah p. 11.
- al-darurat tubih almahzurat not al-darura p. 12.

Conclusion

The paper is of value due to its significance to tourism business and its being a new addition to halal tourism. It is a kind of enlightenment regarding presenting the objective of Islamic law to academia. It has exhausted the literature over the topic of the objectives of shariah. The discussion is logic and illustrative. I recommend it for publication once the points above have been taken into consideration and acted on. The English style is satisfactory; however, there are some typos and some grammar mistakes

Reviewer 2:

International Journal of Religious Tourism and Pilgrimage (https://arrow.tudublin.ie/ijrtp)

View Review

Review by: Reviewer #2

Review date: Jan 28 2020 12:57 PM PST

The review:

Interesting topic which could add value to the tourism literature generally but more specifically to halal tourism. While the paper highlights key areas of research opportunities, the rationale is vague and disjointed. The structure of the introduction could be improved to clarify the research question, make it more cohesive and strengthen the rationale. The literature review is at a superficial level and needs to be more widely sourced with critical evaluation. While the paper makes the point that the underlying theories are based on Islamic Sharia, the existing underlying theories from religious tourism, hospitality and leisure literature needs to be consulted and incorporated to identify the gaps. The methodology is weak and needs to be expanded to explain the breakdown of the types and number of respondents in each category; when was the data collected and approx. the duration for each interview; the abstract states that the data was collected using focus groups, but the methodology section states interviews were carried out- What was correct strategy for data collection? If focus groups were used -How many were carried out? Grammatical and spelling mistakes are throughout the paper. The paper needs to be thoroughly poofread. References are missing for factual and academic information in several places.

https://arrow.tudublin.ie/cgi/viewreview.cgi?reviewerid=2&ri=1&format=txt&article=13 13&context=ijrtp 1/1

3. Bukti konfirmasi submit revisi, respon kepada reviewer, dan artikel yang diresubmit (11 Maret 2020)



hery rusm <herypuskom1@gmail.com>

MS #1313: PDF file created for "Exploring Muslim Tourist Complementary Needs on Halal Spa Facilties To Support Indonesia's ShariaTourism"

4 pesan

Kevin A. Griffin <editor-ijrtp-1313-1451068@arrow.tudublin.ie> Kepada: Mutimmatul Faidah <mutimmatulfaidah@unesa.ac.id>, Hery Rusmanto <herypuskom1@gmail.com> 11 Maret 2020 pukul 22.45

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Thank you,

The Editors

International Journal of Religious Tourism and Pilgrimage

RESPONSE LETTER

No.	Comments	Responses
1.	Interesting topic which could	Along with the high economic growth, travelling
	add value to the tourism	becomes a basic need or even a lifestyle for some people. The
	literature generally but more	great potential of the world Muslim market becomes one of the
	specifically to halal tourism.	factors that influences the growth of halal tourism. In 2019,
	While the paper highlights	Indonesia and Malaysia became the best halal tourism
	key areas of research	destination countries based on the results of the MasterCard-
	opportunities, the rationale is	CrescentRating assessment. The assessment was based on four
	vague and disjointed.	criteria namely access, communication, environment, and
		service (GMTI, 2019).
		Halal tourism gets legitimacy in Islam because every
		Muslim is required to travel with a variety of destinations,
		either destinations related to the actualization of religious
		worship such as Hajj and Umrah or those in purpose of
		education, medical care, experience, contemplation and
		entertainment (Al-Ghorary : 2016). Al-Quran says: "Say,
		"Travel through the land; then observe how the end of the
		deniers." (Qur'an, 6:11). The order to travel in the verse is
		supported by the command to pay close attention to the
		consequences borne by the previous people for the undertaken
		lies. The result of tadabbur of the horizon of this universe
		should lead to the belief in the existence of the Creator.
		Henceforth, travelling can increase the faith of a person and
		bring him closer to his Rabb. Then, the principles in sharia
		tourism are based on the purpose to increase the spirit of
		diversity in an entertaining way.
2.	The structure of the	In several countries, the terminology of halal tourism
	introduction could be	uses a variety of terms including Islamic Tourism, Sharia

improved to clarify the research question, make it more cohesive and strengthen the rationale. The literature review is at a superficial level and needs to be more widely sourced with critical evaluation. While the paper makes the point that the underlying theories are based Islamic Sharia, the existing underlying theories religious from tourism, hospitality leisure and literature needs to be consulted and incorporated to identify the gaps.

tourism, Halal Friendly Tourism Destinations, Halal Travel, Muslim-Friendly Travel Destinations, halal lifestyle, and others. Halal or Islamic tourism is defined as tourism and hospitality created by consumers and producers in accordance with Islamic values (Pavlove in Razzaq). Referring to this definition, sharia tourism remains all types of tourisms that do not conflict with Islamic values and make it easier for Muslim tourists to meet their needs. Types of sharia tourism can be in a form of: Recreational Tourism, Cultural Tourism, Nature Tourism, Agro Tourism, City Tourism, Resort City, Sport Tourism, Spa and Wellness Tourism, and Religious Tourism.

Halal tourism is still limited for Muslims and has not been accepted yet globally. Therefore, UAE makes a breakthrough by integrating Muslim and non-Muslim tourists to visit and enjoy halal tourism offered by turning halal tourism into a global product that is accepted by everyone. UAE changes its economic orientation from an economy based on natural resources and oil to an industry-based economy, services, and tourism (Al-Hammadi: 2019). In the second quarter of 2019, Dubai introduced a new Islamic tourism destination named Quranic Park. This destination is established to enrich tourist insight about Islamic culture. Dubai Quranic Park is also included in TIME Magazine's World's Greatest Places list. This beautiful park is included in the To Visit list along with several other destinations such as Mori Building Digital Art Museum in Tokyo, Star Wars: Galaxy's Edge at Disneyland, California, Newseum in Washington DC.

One of the attractions of tourists visiting Indonesia is to enjoy spas provided by resorts, hotels, and many public spas. SPA is included in 13 fields of the tourism industry. Based on 3. The methodology is weak and needs to be expanded to explain the breakdown of the types and number respondents in each category; when was the data collected and approx. the duration for each interview; the abstract states that the data was collected using focus groups, but the methodology section states interviews were carried What was correct strategy for data collection? If focus groups were used -How many were carried out? Grammatical and spelling mistakes are throughout the paper. The paper needs to be

the number of spa businesses and wellness tourism, Indonesia is in the 17th rank of world health tourism.

- 1. This research was conducted in June October 2016 in three cities in the East Java province of Indonesia, namely Gresik, Surabaya, and Malang.
- 2. There are 7 spas observed, namely: (1) *Kayla Spa*; (2) *Aliya Spa*; (3) *Nayyara Spa*; (4) *Naura Spa*; (5) *Salsa Spa*; (6) *Alfafa Spa* and (6) *Ida Salon*. Observations focus for Spa facilities (rooms, equipment, materials, cosmetics, layout, and infrastructure) and services provided.
- 3-4. The informants were 63 regular Spa customers to find out consumers' needs for the Halal Spa facility. In an effort to enrich the data, interviews were also addressed to 7 therapists and religious scholars to explore the readiness of the industry in responding to costumers needs.
- 5. In addition, researchers also conducted Focus Group Discussion (FGD) in the discussion room at the Faculty of Engineering, Universitas Negeri Surabaya. The FGD was attended by Spa experts and religious scholars. The discussion was led by a moderator and attended by 9 active participants.
- 6. Data is processed during the research process, manually coding, compiling concepts based on coding results, creating categories, and obtaining analysis results.

4. Introduction:

factual

thoroughly

The paper presents a review of Islamic law on body spa services and described the spa facilities needed by Muslim tourists according to

References are missing for

information in several places.

and

poofread.

academic

This paper presents an overview of Islamic law regarding body spa services and describes the spa facilities required by Muslim tourists according to Islamic teachings. This paper outlines the objectives of Islamic law regarding the topic discussed. This paper introduces and explains the five objectives of sharia. It

the Islamic teachings. The paper elaborated on Islamic law objectives regarding the topic under discussion. The paper introduces and explains the five objectives of shariah. It has been discussed that spa services lie within the limits of the Islamic law. Results showed that spa services had fulfilled the principles of shariah business transactions that covered selling and buying services or benefits. There were three levels of spa complementary needs that fall under three Islamic classification of need: basic necessities, complementary needs, and tertiary needs. The paper gives a brief historical account on the origin of spa. The spa business in Indonesia has been looked into where Bali has 34, 82% of the total businesses and Jakarta 29.04%. The paper describes in detail spa services, its categories, and components. The paper states that in line with the growing modernity,

has been discussed that spa services are within the bounds of Islamic law. The results of the study show that spa services comply with the principles of sharia business transactions which include buying and selling services or benefits. There are three levels of spa complementary needs which are included in the three classifications of Islamic needs: basic needs, complementary needs, and tertiary needs. This paper provides a brief historical account of the origin of the spa. The spa business in Indonesia has seen where Bali has 34.82% of the total business and Jakarta 29.04%. This paper describes in detail spa services, their categories, and their components. This paper states that in line with the development of modernity, fierce competition in life, advanced social welfare, the need for a place to relax seems to be in great demand by society. The reason why halal spas are needed has been proven because trust is increasingly influencing Muslim tourists' decisions to buy spa products. The reasons why halal spas are needed are well represented: the large population of Muslim tourists visiting Indonesia, halal spas being part of the Islamic tourism component, and spas as a new repertoire in tourism in Indonesia.

a tough living competition, a community's advanced welfare, the need for a place to relax seems to be highly demanded by society. The reason why halal spa is been needed has fore grounded as faith increasingly influencing the decision of Muslim tourists to buy spa products. The reasons why halal spa is needed have been well represented: the number of the population of Muslim tourists visiting Indonesia, halal spa being part of shariah tourism components, and the spa as a new repertoire in tourism in Indonesia.

5. Methodology and Research:

The qualitative descriptive approach is appropriate for such study as the results can be easily predicted and there is no need for elaborate questionnaire regarding that topic. The data were collected using interviews, focus group discussion (FGD), documents and

Table 1: Interview Guidelines		
Aspects	Questions	
Reasons to choose	Why do you choose body treatments	
Halal Spa	at the Halal Spa?	
	Do you also do body treatments at a	
	conventional Spa?	
Spa Facilities	In terms of facilities, what distinguishes Halal Spa and conventional Spa? What spa facilities do tourists need? What space is needed so that consumers feel protected? Are the Spa facilities provided according to your request?	

checklist; however, there are no supplementary materials to show or prove that.

	Are all ingredients / cosmetics provided Halal?	
Spa services	In terms of service, what	
	distinguishes Halal Spa and	
	conventional Spa?	
	How do you expect therapist	
	performance?	
Treatment types	What type of treatment is preferred?	
	What is the purpose of doing Spa	
	(treatment, relaxation,	
	entertainment)?	

Table 2: FGD		
Issues	Discussion	
Halal Spa Policy in	Policy and support for the	
Indonesia	development of Halal Spa in	
	Indonesia	
	Halal Spa service standards in	
	Indonesia	
	Standard Halal Spa facilities in	
	Indonesia	
	Institution that has authorization to	
	conduct Spa certification	
Spa and Islamic	Islamic Limits on body care that are allowed	
ethics	and that are not	
	The purpose of body care in Islam	
Halal spa and	Spa's position in supporting the	
tourism	tourism sector	
Spa Facilities	'acilities Spa facilities needed by Muslim	
	tourists	

Table 3: Checklist of Spa Facilities		
Types	Conditions	
Spa room	Consultation room, bath / Jacuzzi	
	room, sauna room, treatment room.	
Treatment Room	Bed, material / cosmetic display	
Furniture	table, lockers, chairs	
Lighting	Natural lighting	
	Artificial lighting	
Sound System	Relaxation music and	
	communication system with clients	
Air Conditioning	Air circulation, closed air	
	circulation, aromatherapy	
Warna	In accordance with the concept	
	(natural, modern, semi-modern)	

		Konsep Gedung	Interior, landscape (according to the Spa concept; modern, semi-modern,
			traditional, natural)
		Water system	Cold water, hot water, warm water,
			clean water, ice water, and drainage
			management
		Fire protection	Fire alarm, fire extinguisher,
		system	building security system
		Supporting facilities	Cosmetic display room, cafe and restaurant,
		Additional Facilities	Lobby, waiting room, corridor,
		Traditional Lacinties	cleaning room, dressing room,
			toilet, parking lot,
		Management Room	Chief and staff room, reception
			room, employee break room
		Equipment	Body steam, bath up, ear candle,
			treatment tools for woman's
		Ingredients /	sensitive part, aromatherapy furnace
		Cosmetics	Scrub, massage cream, soap, cleanser, mask, cream scrub, body
		Cosmeties	lotion
		Clothes	Blanket, bed sheet, woman's
			traditional cloth, loincloth, towel
		Line 283: This study is limited to	seven spas in East Java.
	General Remarks:		
6.	The researcher has used	Done.	
	Arabic religious terms;		
	however, clearly they are non		
	Arabic speakers. That is why		
	some errors have been		
	spotted throughout the paper:		
	Islamic concept of spa (great		
	hadast and small hadast)		
	should be Hadath Akbar (big		
	filth) and Hadath Asghar		
	(small hadath), p. 6.		

7.	Ambiguous translation (miserable semen), p. 6.	Done.
8.	athqalani should be Al-Asqalani, p. 7.	Done.
9.	Hadith you will come to your brother and sisters, cut off your nails, p. 7 are not authenticated hadith.	"You will come to your brothers and sisters. Therefore, please repair your vehicle and wear good clothes so that you become like moles in the midst of mankind" "You should repair your vehicle and improve your clothes, so as if you are like a mole (a very visible jewel) in the midst of mankind, surely Allah does not like cruel and vile words ". "cut off your nails, actually, the Satan is hiding under your long
10.	A Muslim woman should protect her mouth from unpleasant odors why a woman, it should be any Muslim man or woman according to hadith, p. 7.	nails" Al-Asqalani, 1996. Done.
11.	And fasad (chaos and disorder), an incomplete clause, p. 8.	It is basic for the establishment of welfare in this world and the world hereafter in the sense that if they are ignored then the coherence and order cannot be established and <i>fasad</i> (chaos and disorder).
12.	Wrong translation (was changed until there was an argument) changed here doesn't match the Arabic word mubaah, p.11.	Done.

13.	Ujroh is wrong, and it should	Done.
	be ujrah p. 11.	
14.	Al-darurat tubih almahzurat	Done.
	not al-darura p. 12.	
15.	Conclusion:	Done
	The paper is of value due to	
	its significance to tourism	
	business and its being a new	
	addition to halal tourism. It is	
	a kind of enlightenment	
	regarding presenting the	
	objective of Islamic law to	
	academia. It has exhausted	
	the literature over the topic of	
	the objectives of shariah. The	
	discussion is logic and	
	illustrative. I recommend it	
	for publication once the	
	points above have been taken	
	into consideration and acted	
	on. The English style is	
	satisfactory; however, there	
	are some typos and some	
	grammar mistakes.	

Exploring Muslim Tourist Complementary Needs On Halal Spa Facilties To Support Indonesia's ShariaTourism

Abstract: This study aims to describe the review of Islamic law on body spa services and describe the spa facilities needed by Muslim tourists. This descriptive qualitative study involved kinds of subjects including spa consumers, owners, therapists, and religious leaders. The data were collected using interview, focus group discussion, and observation. This study was analyzed by Maqasid al-Shariah (the objective of Islamic law) and Classification of Benefits of the Objectives of the Shariah theory. The results showed that the process and purpose of spa should be for the sake of maslahah (Public interest). By following Maqasid al-Shariah (the objective of Islamic law), spa services provided benefits for "Hifd al-'Aql" (Preservation of intellect) and "Hifd al-Nafs" (Preservation of life). There were three levels of spa Complementary Needs that could be categorized into three criteria such as Daruriyyat (Basic Necessities), Hajiyyat (Complementary Needs) and Tahsiniyyat (embellishment). There were 14 elements of spa facilities.

Keywords: Body; Halal spa; *Magasid al-Shariah*, Muslim; Travel.

Introduction

Halal discourse has been upward not only in the area of food, beverage, cosmetics but also in all aspects of life including body care or treatment services (spa). Currently, halal is not just a brand, but it is a lifestyle that gives additional value to consumers. The spa is known as a place for body care or treatment through various services covering facial, hair treatment, and body care. The spa comes from the Latin words *Solus Per Aqua* which mean treatment using water. In Indonesia, the spa is well-known as *Tirta Husada* (Yurcu, 2017). It also becomes the name of a small city in Belgium that has an efficacious mineral water source for body treatment and health.

The tradition of body treatment can be traced to the long history of human civilization. The habit of bathing in various types of flowers and the treatment using water for body fitness began a thousand years ago. For instance, in the era of ancient Egyptian civilization, the kings and queens

had a habit of bathing in water that was full of flowers, spices, and milk baths as Queen Cleopatra did. In Egypt, Cleopatra's bathing artifacts were found (Bender et al., 2005). In Europe, the spa is usually connected with treatment using mineral water from natural spring sources. Many European countries have fitness centers and treatments using mineral water which are known as a spa. In Turkey, the centers and treatments are familiar with the name of Turkish Bath. Meanwhile, in Germany, those two are called "*Kurhaus*" (Gay, 1987).

In most Asia countries such as China, Japan, and Indonesia, there are dissimilar variations of bathing rituals including the diverse procedures. In Java, the nobility and King-Queen families had a bathing tradition using various flowers and spices. They believe in the old Javanese phrase "Rupa Sampat Wahya Bhiantara", which means that there is always a balance between what appears in the eye and what lies in the soul and mind. Each palace had a bathing place for the Queen and Royal Princess (Saptandari, 2014). Spa in ancient times was limited to the royal property to indulge the princesses' bodies with pure water and selected flowers and leaves from the natural wealth of the kingdom.

In line with the growing modernity, a tough living competition, and a community's advanced welfare, the need for a place to relax seems to be highly demanded by society. To cope with that, the spa becomes an alternative way to relieve physical and mental fatigue due to intense daily-routines. This means that there are promising business opportunities for services that work on making stressful people had healthier and more beautiful, of which the service is known as spas and aromatherapy. Spa venues grow quickly with various offered benefits covering the form of services themselves, facilities, and cosmetic ingredients used. Various spa businesses in Indonesia is including choice of the day, destination, resort, hotel, and Halal spas.

The Spa Business Survey results conducted in April 2015 showed that Bali Province had the highest number of spa business about 34.82% of the total spa businesses in Indonesia. The second position was DKI Jakarta Province with 29.04%. The third position was occupied by West Java Province as much as 7.63%. East Java Province was in the fourth position with the total numbers of 5.18% of all spa businesses in Indonesia. The fifth position was D.I. Yogyakarta Province with 4.56%. In addition, the percentages number of spa companies or businesses in other provinces are under 2% (Sentot Bangun Widoyono, 2015). The data exhibited that the spa is still dominated by provinces or regions that become the main destination for foreign tourists.

The population of Muslims is growing rapidly and it is expected to become 26.5% of the world's population by 2030. Indonesia is the country with the largest Muslim population in the world (205 million). About 88% of Indonesia's population is Muslim. Therefore, faith is increasingly influencing their decisions to buy the products. They are looking for products and services in consideration of their faith. The market for halal products in Indonesia is also large. Previously, halal products are only food products, beverages, medicines and cosmetics. But now there has been an evolution in the halal industry to lifestyle products (travel, hospitality, recreation, health care and Spa). Referring to the 2018 Global Muslim Travel Index (Mastercard-CrescentRating, 2018) data, Indonesia is the second destination country for world Muslim tourists which mostly visited after Malaysia. One of the sharia tourism components is Halal Spa. The spa provides a new repertoire in tourism in Indonesia. The statistics center survey reported about 1,236 spas around Indonesia in 2016. However, the spa which has been certified of halal was only three units. A total of 18 spas are in the process of obtaining the halal certificate (Irwan Kelana, 2017). Actually, the number of the spa in operation is more than the number of censuses. As a new issue in the field of sharia tourism, the number of Halal Spas as compared to the conventional Spas has not been balanced.

The halal spa is now fast developed along with Muslims' halal lifestyle and their increased welfare. Spa becomes one of the four halal-tourism products development besides hotels, restaurants, and travel agents. The halal spa that aims to respond to the Complementary Needs of Muslim consumers in rejuvenating their bodies becomes more popular. In fact, the spa has become one of the four pillars of halal-tourism product development besides hotels, restaurants, and travel agents (Faidah, 2017). During 2017, the number of foreign tourists visiting Indonesia has reached 14.04 million or increased by 21.88% as compared to the previous year which was about 11.52 million (Sentot Bangun Widoyono, 2015). Based on the 2016 Global Muslim Travel Index (GMTI) MasterCard-Crescent Rating study, the total number of world Muslim tourists reached 117 million in 2015 (Mastercard & CrescentRating, 2017). In 2017, there were estimated about 131 million Muslim visitor arrivals globally – up from 121 million in 2016 – and it is estimated to continue growing up to 156 million visitors by 2020 representing 10% of the travel segment. The Muslim travel market is on course to continue its fast-paced growth to reach US\$220 billion by 2020. It is expected to grow a further US\$80 billion to reach US\$300 billion by 2026 (Mastercard-CrescentRating, 2018).

The high demand for the halal market requires managers of tourism businesses to improve and to give suitable services for the Complementary Needs of Muslim tourists including spa services. Six faith-based needs have been identified as the main areas for Muslim travelers. While the majority of Muslim travelers adhere to some of these needs, the level of importance varies among Muslims. There are Halal food, Prayer facilities, Ramadan services, Water-friendly washrooms, No non-Halal activities, Recreational facilities & services with privacy. Muslim travelers are not homogeneous in their adherence to the faith-based needs. To cater to these needs from a services and facilities perspective, service providers can look at grouping these needs into "Need to have", "Good to have" and "Nice to have". The spa is one of the facilities and services with privacy that foreign tourists are interested in when traveling. The service indicators for Muslim tourists weigh 45%. one of these services is a spa (Mastercard-CrescentRating, 2018).

Most Muslim tourists cannot enjoy the halal spa that encounters the Islamic standards. This is because that the majority of spa houses are still conventional style. Along with Halal Tourism developed in Indonesia, several Halal spa venues start to emerge and develop greatly. However, this is not accompanied by the improvement of spa owned by several hotels with good reviews in Indonesia. Most of the star hotels' spas are still conventional and they have not fulfilled the standard of Halal spa. Therefore, it is necessary to observe Halal spa's components including the aspects of service and facility, which are relevant with Complementary Needs of Muslim tourists.

The halal spa is a new issue in the tourism field. This study is an effort to socialize the spa concept following an Islamic perspective and to invite academics and tourism practitioners to participate in the project by producing reliable resources in the field of Halal Spa in near future. This study specifically aims to describe the spa facilities needed by Muslim tourists and describe Islamic law reviews concerning body spa services.

Literature Review

Spa: Indonesian Experience

According to Law Number 10 year 2009 concerning on Tourism, spa business is a maintenance business that provides services with a combination of water therapy, aromatherapy, massage, spices, healthy food and beverage services, and physical activity to balance the soul and body by referring to the local traditions and cultures. The purpose of spa services is to maintain, improve, and restore health in terms of freshness and beauty (e.g. inner and outer beauty). Spa

services provide body relaxation to get a balanced body, mind, and spirit. To reach the goal, the spa not only relies on natural sources of mineral water and hot water (thermal therapy) but also other elements such as aromatherapy, massage, herbal ingredients, supportive atmospheres such as strains music and room colour that can create an expected atmosphere (Trade, 2009). The Characteristic of Indonesia Spa is aromatheraphy. Aromatherapy is the art of caring for the body, mind and soul with each essential oil (Ali et al., 2015). The spa is a traditional health service that uses a holistic approach yet comprehensive care utilizing a combination of hydrotherapy and massage skills that are held in an integrated manner to balance the body, mind, and spirit.

The categorization of spa services according to the treatment goals are set into two categories namely Wellness or Health spa which provides health maintenance and prevention services that focused on relaxation and rejuvenation. Then, Medical spa provides overall services covering health improvement, maintenance, and prevention by prioritizing recovery or called as revitalization-rehabilitation(Trihas & Konstantarou, 2016). Therefore, several important components in the spa consist as follow:

- 8. Water therapy or hydrotherapy is the utilization of water and several natural ingredients, such as from plants, minerals, essential oils, salt, milk, mud, and scrubs for body healthcare by regulating temperature, pressure, current, moisture, and water content.
- 9. Massage is body care or treatment technique by massaging muscles using limb movements (e.g. hands, fingers, elbows, and feet) or other assistive tools that are soft to skin, muscles, and nerves. The massage gives stimulation, relaxation, and smoothen blood and lymph circulations.
- 10. Aromatherapy is a body care technique using efficacious essential oils that are efficacious, in which the oils can be implemented by inhaling, compressing, applying to the skin. Such efforts can be more effective if accompanied by massage. The ingredients are active substances taken from aromatic plant extracts such as extractions from flowers, leaves, roots, stems, and fruit seeds, which have stimulation or relaxation effects.
- 11. Relaxation is an effort to reduce fatigue, tension, physically, and mentally.
- 12. Rejuvenation is an effort to rejuvenate the body to reveal more beautiful looks.
- 13. Revitalization is an effort to empower the function of organs to be optimally more healthy.

14. Spa therapist is the one who has a determined competency level of conducting spa services and it has the authority to carry out his profession.

Each spa venue offers specific concepts and services that include at least seven elements. The elements involve massage techniques, cosmetics/ingredients used, therapist's appearance and skills, spa's spatial design and room, linen and equipment, music, and aromatherapy. Currently, many various spa concepts with ethnic nuances are massively developed, such as a spa with Javanese, Balinese, Madurese, Middle Eastern, Sundanese, and up-to modern concepts. In the spa house with a Javanese concept, for instance, all of the Spa's ornament, interior, exterior, music, material, aroma, linen, furniture, cosmetics, and clothing reflect to the distinctive Javanese culture. There is also a spa featuring acculturation of two cultures such as Javanese spa at the Inna Beach Bali hotel that combines Balinese and Javanese cultures (Yuswati, 2018). The spa is a type of service that is full of cultural and ethnic nuances and traditions. Many spas developed in a country are expected to help preserve the wealth of the Indonesian tradition.

Any concept offered by spa services should consider a clean, comfortable, safe, and healthy environment and be carried out according to culture and moral norms. Several aspects that can importantly highlight a good stereotype of a spa include the lighting, color, sound, aroma, temperature, and treatment room. These aspects are essential because customers are bio-psychosociocultural and religious beings who want comprehensive and complete services to achieve optimal health. That is, whatever spa concept carried out provides a broad opportunity to integrate Islamic values. Thus, Halal spa can have an ethnic concept by including several elements of a spa, both in offered services and facilities.

Islamic Concept of Spa

Islam provides guidance to its adherents to look clean, beautiful, and pleasant: "Verily Allah is beautiful and loves beauty" (Agus et al., 2018). In a vertical interaction with Allah, Muslims are required to clean themselves from the Hadath Akbar (big filth such as nocturnal orgasm, menstruation, sexual intercourse, etc) by "ghusl *Junub*" (the major or full-body ritual purification mandatory with water before the performance of various rituals) and from Hadath Asghar (small hadath such as defacation, farting, urination, deep sleep, etc) by *wudhu* (the minor of ritual purification or ablution with water) (Mohammad Ali Kiani, Masumeh Saeidi, 2015). Moreover, there is also a recommendation to wear beautiful clothes while praying as mentioned in holy Quran, Al-A'raf 31: "Wear your beautiful clothes every time you enter the mosque." (Quran,

2019). In the context of the relationship with Allah, a Muslim is commanded to be fresh, clean, and holy. Likewise, they need to do the same thing in the context of interaction with human. The Prophet Muhammad SAW once said to his companions when they wanted to come to their brother, "You will come to your brothers and sisters. Therefore, please repair your vehicle and wear good clothes so that you become like moles in the midst of mankind. Verily Allah does not like something bad"(Narrated by Abu Dawud: 4089).

The Hadith also provides a clear depiction of the profile of a Muslim. Appearance becomes something that is also important in addition to the inner appearance because both inner and outer beauty are Islamic teachings. Rasulullah SAW has declared that inappropriate appearances or clothing conditions as a bad thing and they are hated by Islam. Islam invites Muslims to always look good. Thus, a Muslim must show his Islamic identity from how the way they look including cleanliness, purity, and beauty. The balance between a good appearance of the body and mind is the guidance of Islam.

Islam introduces five dispositions in terms of body care that depicted in the *Sunnah* including removing armpit hair and shaving pubic hair. This is highly recommended in Islam to maintain the cleanliness and beauty of a Muslim's body. Therefore, a Muslim should not leave the *Sunnah* for more than 40 days. In the hadith mentioned that "Five things included in *fitrah* (purity) involve shaving pubic hair, circumcision, thinning mustache, removing the armpit hair and cutting nails." (Narrated by Bukhari Muslim) (Muhammad, Saalih al-Munajjid, 2014). Islam also recommends maintaining oral hygiene by cleaning teeth using *siwak* or toothbrush. Toothbrushing is recommended in every circumstance and it emphasized when going to perform *wudhu*, pray, read Qur'an, enter the house, and wake up at night to do a midnight prayer. Rasulullah SAW said, "If it is not burdensome to my people, surely I will order them to do toothbrushing every time they will pray." (Depth, Hadeeth, & Sunnah, 2019). In addition, muslim should protect her/his mouth from unpleasant odors. "Whoever eats shallots and garlic and chives, then do not approach our mosque." (Muslim, 2011). The unpleasant smell disturbed angels and people who were present in the mosque and reduced concentration in prayer. Henceforth, a Muslim woman should also maintain her breath smell every time.

Islam also recommends for treating nails so that the bacteria and dirt are not tucked. The Prophet said: "cut off your nails, actually, the Satan is hiding under your long nails" (Fatwa, 2019). Many bacteria live under long and dirty nails. This kind of condition can transmit various diseases.

When taking a toilet and do not wash the hands, we might get ill because the bacteria might move into our food. That is, Islam encourages people to maintain health and care the body that Allah gives. One of the efforts to maintain it can be conducted by doing a spa or body care.

Islamic spa concepts can be elaborated in the perspective of Maqasid Shariah. In Islamic law context, it can refer to the purposes of the Islamic faith. The objective of shariah is to promote the well-being of all mankind (Anas, Dahan, & Yaacob, 2016). It is basic for the establishment of welfare in this world and the world hereafter in the sense that if they are ignored then the coherence and order cannot be established and fasad (chaos and disorder). There are five objectives as follows:

Table 1. The Five Objectives of Shariah

The Objectives	Description
The Preservation of Religion	The preservation and protection of religion under all
	circumstances or conditions.
	Example: Jihad (defending Islam if it attacked by the
	enemies).
The Preservation of Life	The preservation and protection of life under all
	conditions. Example: to protect life is enacting a severe
	punishment for those who kill another (qisas) and
	abortion is prohibited, the order or healthy life, etc.
The Preservation of Intellectual	The preservation and protection of intellectual and mind
	under all conditions.
	Example: The prohibition of liquor consumption or
	harmful substances that will affect the damage of the
	brain.
The Preservation of Lineage	The preservation and protection of descendants and
	honor under all conditions.
	Example: The prohibition of committing adultery or
	other immoral behaviors.
The Preservation of Property	The preservation and protection of property under all
	conditions.
	Example: Distribution of wealth in a fair manner through
	Zakat or infaq.

The Muslims scholars have classified the objectives of Shariah into three categories in descending order of importance (Kamali, 1999):

The Categories	Description	
Daruriyyat (Basic Necessities)	Essential elements for human life. The absence of these	
	elements may cause destruction and damage.	
	Examples: Spa for healing diseases.	
Hajiyyat	Secondary needs. The lack of any of these needs is not	
(Complementary Needs)	a matter of life and death. Its existence is needed to	
	provide convenience and eliminate difficulties.	
	Examples: health Spa.	
Tahsiniyyat (Embellishment)	All the needs for life to be comfortable and more	
	comfortable, easy and easier, more spacious and more	
	spacious, and luxuries.	
	Examples: Wellness Spa	

The difference between Daruriyyat and Hajiyyat and Tahsiniyyat is its influence on human existence. Referring to Spa services to maintain, improve, and restore health in terms of freshness and beauty and to achieve a balance between body, mind, and soul (spirit) for optimal health conditions then Spa performs objectives of shariah including hifd al-Nafs (Preservation of Life) and Hifd al-Aql (Preservation of Intellect). Judging from the three categories, Spa moves from Daruriyyat, Tahsiniyyat, and Hajiyyat according to the circumstances. The implication of the theory is the formula for Spa facilities based on the level of need.

Methodology

Research Design

This study used a descriptive qualitative approach. The qualitative study was a study that was used to describe and analyze the phenomena, events, social activities, attitudes, beliefs, perceptions, and people individually or in groups. The descriptive method could be interpreted as a problem-solving procedure that was investigated by describing the state of the subject or object based on the facts appeared (Mohajan & Mohajan, 2018). The purpose of this descriptive study was to make a

systematic, factual, and accurate description concerning on traits and relationships between the investigated phenomena. The qualitative descriptive approach to review the spa concept in Islamic law and traveler needs.

Research Subjects and Data Collection Techniques

The subjects of this study were spa consumers, owners, therapists, and religious leaders. The data were collected using interviews, FGD, and document checklist. The obtained data were analyzed following the pattern of Miles and Huberman with four stages: (1) field data collection through FGD with owners, therapists, and religious experts about the concept of Spa. In addition, the interviews with Muslim consumers and checklist documents to explore the Spa facilities are needed, (2) data reduction covering a process of selecting, focusing, abstracting, transforming rough data in the direct field. At this stage, the interview results are interpreted as consumer needs and organized into three categories, primary facilities, secondary facilities, and tertiary facilities (3) presentation data, which were series of information that would be carried out. At this stage, it is determined the relative importance of consumer needs and (4) conclusions drawing by reflecting on the results and processes (Matthew B. Miles, A. Michael Huberman & Review, 2014). This study is limited to seven spas in East Java (provinces in Indonesia) and 70 informants.

Data Validity Test

Validity test of the data used triangulation namely triangulation of sources by checking the data obtained through several sources. Moreover, it also used triangulating techniques by checking the same data but with different tools. Triangulation of techniques was conducted by matching the results of interviews with the document checklist. Whereas, triangulation of sources by matching explanations of therapists, owners, and religious experts about the Spa concept.

Result and Finding

Legal Review of Body Spa

There were various spa services, for instance hair spa, pedicure-manicure, body spa, V-spa, and others. This discussion focuses on body spa. Body spa was a series of body treatments that consisted of several stages namely: (1) whole body massage therapy, this body massage aimed to improve blood circulation and to give muscles relaxation; (2) body scrub which aimed to remove

dead skin cells, smooth and clean the body, and eliminate the body odors; (3) Steam body aimed to open pores, remove toxins and facilitate blood circulation; (4) the body mask was to close the pores that are open during steam, lighten the skin and tighten the skin; (5) soaked with flower water/milk bath/ aromatherapy (Othman, Halim, Hashim, Baharuddin, & Mahamod, 2015). The spa process usually took up to two hours which starting from massage to scrub, then bathing using spices that could refresh the body. Body areas treated during massage included back to buttocks, back legs, front legs, hands and chest. The comfort presented by body spa ensured that clients might fall asleep while taking the chosen treatment. So that, spa contained treatment, health, and pleasure.

Based on Islamic law, spa services contained two aspects such as transaction elements and service operations. Based on the transaction elements, there was a provision that everything in *muamalah* (The commercial transactions between the parties) was changed until there was a prohibition, as contained in the rules: "*Kullu Sai'in Mubahun, Hatta Dalla alaihi al-Dalil ala Tahrimihi*" (Everything is permitted until there is a proposition that forbids it) (Najeeb, 2014). Islam did not prohibit a *shara'* contract if the contract was still adhered to the rules of *shara'* in general. For this reason, several contract principles that must be fulfilled in the Islamic economy such as: (Najeeb, 2014)

- 1. There was no riba' (Usury) practice.
- 2. There must be no element of fraud.
- 3. There must be no element of gambling.
- 4. There must be no element of harm.
- 5. Injustice must not occur.
- 6. There should not contain immorality.
- 7. There must be no prohibition.

Transactions for using spa services were permitted as long as they did not violate any of the above seven contract principles. In the context of Islamic economics, spa services had met the regulation of business transactions. The transaction was about selling and buying services or benefits. The therapist's ability to massage and scrub was a useful skill for people who searched for the therapy, for that the person who used the therapy service must give a trial/payment to the therapist. In the process of steamer and flower bathing, service users enjoyed the services, so in return, they must also provide the *ujrah* (Fee or the financial charge for using services). As a

service business, the spa did not violate the law in a business context. The activities including all the systems and management that developed at this time had fulfilled the *ijarah* (The type of contract in Islamic transaction) contract. However, a business would be legal if it went according to the provisions of the *Shara*' start from the contract, the process, and the goals. It was not only economically beneficial but also contained *maslahah* (the best public benefit or interest) which was in accordance with the objectives of *Shara*'.

In regard to *Maqasid al-Shariah*, spa services provided benefits for "Hifd al-'Aql" (Preservation of Intellect) and "Hifd al-Nafs" (Preservation of Life) (Anas et al., 2016). In accordance with Hifd al-'Aql, spa services were able to neutralize tension, break down the pressure of mind, reduce fatigue, and boredom both physically and mentally with the relaxation offered. In regard to "Hifd al-Nafs", spa services could help rejuvenate the body and empowered the function of healthy organs to obtain a more optimal level of health. While reviewing the level of spa Complementary Needs, Islamic law could be categorized into three criteria namely: Daruriyyat (Basic Necessities), Hajiyyat (Complementary Needs) and Tahsiniyyat (Embellishment). To cope with Daruriyyat (Basic Necessities), the spa was the only treatment technique such as healing pain in the pubic area that could only be treated with a spa therapy. Hajiyyat (Complementary Needs) described as when the spa helped to optimize the performance of body organs. Tahsiniyyat was when spa aimed for beautifying the physical appearance. These three levels of Complementary Needs resulted in different spa's legal status. Differences in legal status also rose an impact on the legal differences in operational services as explained below:

- 1. Spa's operational services that passed the same sex line. If the therapy was aimed for "Daruriyyat" (Basic Necessities) treatment, it was allowed to see and touch the heavy genitals by following the rule of "al-Darurat Tubih al-mahzurat" (The Basic Necessities make the impermissible canonically permissible). However, if the spa had the dimensions of Hajiyyat (Complementary Needs) and Tahsiniyyat (Embellishment), then the limit of the female's naked body must not be seen and touched, whereas the other body parts could be seen and touched.
- 2. The touch that occurred between the therapist and the treated person should be still in a professionalism corridor. On the contrary, the touch wrapped in lust had violated one of the seven principles of transaction namely not to have infidelity.

- 3. The occurrence of *ikhtilat* (mingling) between men and women. Spa services, according to Islam, only provided opportunities for therapists and those treated equally. Mixing treatment should not occur, either from the side of the spa room or the therapist.
- 4. Food, drinks, and cosmetics provided in the spa series must be guaranteed its halal products.

Halal Spa Facilities

Based on the interview results with spa consumers and the checklist document related to spa facilities needed, the elements of spa facilities that wanted by Muslim consumers can be drawn as follows:

- 1. The lobby area was a terrace room near the entrance which was usually equipped with various tables and chairs which functioned as a waiting room. The lobby needed to be equipped with Islamic reading books such as magazines, tabloids, or other Islamic books.
- 2. The front office needed to be equipped with written information explaining (1) this Spa is a Halal Spa; (2) types of spa services; (3) the price of each service; and (4) the type of cosmetics used. Cosmetics/ingredients with the official halal logo or made from herbs needed to be displayed in the room.
- 3. Clean toilets were another important thing. The toilet should be well-maintained and separated between men and women toilets, of which each toilet should be equipped with practical tools for washing.
- 4. The place of prayer needed to be equipped with (1) clean and well-maintained prayer equipment, (2) *Qibla* directions, (3) a clean and well-maintained prayer room, (4) good air circulation with cooling or fan, (5) bright lighting, (6) place for *wudhu* with a clean and well-maintained condition, (7) the prayer time schedule; and (7) clean water installation for washing.
- 5. Interior and ornaments did not lead to polytheism and pornography.
- 6. The spa room had the following elements and criteria; (1) the room for customers was neatly arranged, clean, well-maintained, and comfortable and (2) changeable lighting; (3) halal therapeutic ingredients; (4) good air circulation with cooling or fans; (5) complete *lenna* (kimono, spa wardrobe, towel, washcloth, and slippers) that were clean and free of germs and maintained according to general health regulations; (6) dressing room that guaranteed privacy; (7) spa equipment was well-maintained, neatly arranged, safe, and clean; (9) the furniture was neatly arranged with the principles of safe, comfortable, and efficient; (10) bathtubs must be

clean, well-maintained, and guaranteed customer's privacy; (11) well-maintained trash cans in accordance with general health principles; (12) first aid equipment; and (13) locker where customer's belongings were stored.

- 7. Therapist room must be appropriate for taking a rest and self-preparation.
- 8. Music was not in a porn nuance.
- 9. Bathtubs were used personally. If the bathtubs were used together, each client must use a cloth.
- 10. The rinse room was used by spa customers to rinse their body after treatment and use it personally.
- 11. Washing sink was equipped with cleaning soap and antiseptic, including adequate clean water.
- 12. Locker was to leave customers' personal belongings during the spa treatment.
- 13. The eating and drinking area were needed for eating and drinking after the treatment.
- 14. Lighting control should be considered appropriate by setting the amount of irradiation according to the type of treatments.

The critical point in spa facilities that often occurred in the conventional spa was paired spa services, which gave a space for two clients of different sexes, such as men and women. This was not allowed because the spa room became no longer a private space but more into public space due to the presence of two non-*mahram* sexes. The status of being a public space required the obligation to close the genitals and this was not possible to be carried out during the spa process.

In addition to space, the second critical point was the use of bathtubs together at one time. If the bathtubs were simultaneously used, customers needed to wear available treatment wardrobe. Meanwhile, shared use of men and women in one bath-up was not permitted for any reason.

The third critical point was ornament and interior space. In some places, the spa was equipped with a place of worship completed with offerings and burned incenses. In addition, paintings or pictures in the room depicted a woman's naked body. The halal spa must be free from those elements that might lead to polytheism and pornography.

The fourth critical point was the mixing of men and women during the treatment process. The halal spa was sterile from the mixture, both mixing space and therapists. Male clients cared by male therapists while female clients cared by female therapists by referring to professionalism and binding ethic codes. Spa services for men should be separated from the women's room.

As an effort to ensure whether spa treatments did not conflict with Islamic values, a minimum standard of the spa must be first established, including(Al Hasan, 2017):

- 1. Separated treatment room for men and women.
- 2. Mind and physical therapy did not lead to sharia violations or lead to shirk.
- 3. Men's therapists were only for men while women therapists were for women.
- 4. Some facilities that made easier to pray.
- 5. Cosmetics used were supported by official halal logo products.

Based on the results of the BPS survey, there were 81.55% of spa businesses in Indonesia providing music facilities, 60.52% provided soaking tubs, 95.39% provided clean toilets, and 68.04% provided lockers or luggage storage (Sentot Bangun Widoyono, 2015).

Crescent Rating provided standards and awards to the Halal Spa business by giving two ratings namely: "A" rating and "AA" rating. A spa with an "A" rating adhered to the Islamic criteria and provided a satisfying spa service for Muslim tourists. While the spa with "AA" rating was a spa designed specifically for Muslims. Some of the main elements of ranking were the level of privacy offered by the spa. Crescent Rating required a separated area for men and women, a spa with "AA" rating provided a separated area while the "A" rating provided separated times for men and women (Sentot Bangun Widoyono, 2015). Second, the therapist had professional qualifications and had a competency certificate. A female employee served a spa for women while the male employees were in the male department. The clothing worn should be in accordance with Islamic rules. Third, spa businesses must be registered with local authorities and obtained licenses from local authorities to run the business. Fourth, the products used were halal certified or herbal products. At last, the spa informed Muslim customers that the spa was in accordance with Islamic requirements and it was visitable.

Conclusion

The findings of this study can be used to develop Halal Spa according to Islamic Values. Spa services had fulfilled the principles of sharia business transactions that covered selling and buying services or benefits. The business was legal if it went along with the provisions of the *Shara* ' and the sale contract, of which the process and the purpose for the sake of *maslahah*. In accordance with *Maqasid al-Shariah* (the objective of Islamic law), spa services provided benefits for "Hifd al-'Aql" (Preservation of Intellect) and "Hifd al-Nafs" (Preservation of Life). There Three levels of spa Complementary Needs could be categorized into three criteria namely *Daruriyyat* (Basic Necessities), Hajiyyat (Complementary Needs) and Tahsiniyyat (Embellishment). Another

result explained that there were 14 elements of spa facilities. The critical point in such facilities that often occurred was the fact that the spa room was no longer private because male and female customers could be in the same room. The second critical point was that the bath-up was used together at the same time. The third critical point was in accordance with the ornament and interior space because halal spa should be free from any polytheism and pornography elements. The last critical point was about the presence of a mixing area for men and women. Hopefully, this research can be followed up by measuring the level of readiness and willingness of conventional spas to provide services and facilities according to the halal Spa concept.

Acknowledgment

We would like to express our gratitude to the Ministry of Research, Technology and Higher Education for providing opportunities to research on topics Halal Tourism. We also want to thank the informants, spa owners who helped me in completing this project

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4. Bukti konfirmasi review dan hasil review (4 Juni 2020)



MS #1313 - International Journal of Religious Tourism and Pilgrimage

1 message

Kevin A. Griffin <editor-ijrtp-1313-1451068@arrow.tudublin.ie>

4 June 2020 at 20:54

To: =?UTF-8?Q?=22Mutimmatul_Faidah=22?=

Cc: The Authors <authors-ijrtp-1313@arrow.tudublin.ie>, The Editors <editors-ijrtp-1313@arrow.tudublin.ie>

Dear Mutimmatul Faidah and Hery Rusmanto

Dear Authors,

The reviewers have provided feedback on your revised paper, but they still think that you need to put in changes.

To see the reviews, please go to the following page:

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To submit a revision, use the Revise Submission link on that page.

Thank you,

Kevin A. Griffin Editor

International Journal of Religious Tourism and Pilgrimage

Review ()

#Reviewer 1

The researchers have amended the paper according to instructions, however, the new and modified parts highlighted in red need to be edited. In general I am not happy with the English style. I recommend the paper should be proofread and edited before publishing!

#Reviewer 2

Introduction:

However, the rationale needs to be further strengthened with the support of relevant sources. For example, references are missing for the following paragraphs: "The halal spa is now fast developed along with Muslims' halal lifestyle and their increased welfare. Spa becomes one of the four halal-tourism products development besides hotels, restaurants, and travel agents. The halal spa that aims to respond to the Complementary Needs of Muslim consumers in rejuvenating their bodies becomes more popular. "(p.2)

"The high demand for the halal market requires managers of tourism businesses to improve and to give suitable services for the Complementary Needs of Muslim tourists including spa services. Six faith-based needs have been identified as the main areas for Muslim travellers. While the majority of Muslim travellers adhere to some of these needs, the level of importance varies among Muslims. There are Halal food, Prayer facilities, Ramadan services, Water-friendly washrooms, No non-Halal activities, Recreational facilities & services with privacy." (p.3)

"Most Muslim tourists cannot enjoy the halal spa that encounters the Islamic standards. This is because that the majority of spa houses are still conventional style. Along with Halal Tourism developed in Indonesia, several Halal spa venues start to emerge and develop greatly. However, this is not accompanied by the improvement of spa owned by several hotels with good reviews in Indonesia. Most of the star hotels' spas are still conventional and they have not fulfilled the standard of Halal spa. Therefore, it is necessary to observe Halal spa's components including the aspects of service and facility, which are relevant with Complementary Needs of Muslim tourists." (p.3)

Literature review

Furthermore, my original comments regarding "the existing underlying theories from religious tourism, hospitality and leisure literature needs to be consulted and incorporated to identify the gaps" have not been addressed. The litterateur review is mainly written for

a Muslim audience and assumes that the reader would understand some of the Arabic terminologies.

Results and Findings

In the results and findings section quotations from the respondents to support the findings need to be included.

Presentation:

There are still grammatical and spelling mistakes throughout the paper. The paper needs to be thoroughly poof read.

References are still missing for factual and academic information in several places.

5. Bukti konfirmasi submit revisi, respon kepada reviewer, dan artikel yang diresubmit (30 JUNI 2020)



MS #1313: PDF file created for "Exploring Muslim Tourist Complementary Needs on Halal Spa Facilties To Support Indonesia's ShariaTourism"

1 message

Kevin A. Griffin <editor-ijrtp-1313-1451068@arrow.tudublin.ie> To: Mutimmatul Faidah

30 June 2020 at 18:55

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International Journal of Religious Tourism and Pilgrimage



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MS #1313: Update submitted for "Exploring Muslim Tourist Complementary Needs on Halal Spa Facilties To Support Indonesia's ShariaTourism"

1 pesan

Editors of International Journal of Religious Tourism and Pilgrimage <editors-ijrtp-1313@arrow.tudublin.ie> Kepada: =?UTF-8?Q?=22Hery_Rusmanto=22?= <herypuskom1@gmail.com> Cc: The Authors <authors-ijrtp-1313@arrow.tudublin.ie>, Assigned Editor <editor-ijrtp-1313@arrow.tudublin.ie>

30 Juni 2020 pukul 18.55

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The reason for update is: major revision

The changes made are:

Previously, a major revision was invited. This is that major revision

The authors are:

"Mutimmatul Faidah"<mutimmatulfaidah@unesa.ac.id>
"Hery Rusmanto" herypuskom1@gmail.com>

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International Journal of Religious Tourism and Pilgrimage

1	Exploring Muslim Tourist Complementary Needs On Halal Spa Facilties To Support
2	Indonesia's ShariaTourism
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20	Abstract : This study aims to describe the review of Islamic law on body spa services
21	and describe the spa facilities needed by Muslim tourists. This descriptive qualitative study
22	involved kinds of subjects including spa consumers, owners, therapists, and religious leaders.
23	The data were collected using interview, focus group discussion, and observation. This study
24	was analyzed by Maqasid al-Shariah (the objective of Islamic law) and Classification of
25	Benefits of the Objectives of the Shariah theory. The results sho that the process and purpose
26	of spa should be for the sake of maslahah (Public interest). Based on Maqasid al-Shariah (the
27	objective of Islamic law), spa services provided benefits for "Hifd al-'Aql" (Preservation of
28	intellect) and "Hifd al-Nafs" (Preservation of life). There were three levels of spa
29	Complementary Needs that could be categorized into three criteria such as Daruriyyat (Basic
30	Necessities), Hajiyyat (Complementary Needs) and Tahsiniyyat (embellishment). There were
31	14 elements of spa facilities.
32	
33	Keywords : Body; Halal spa; <i>Magasid al-Shariah</i> , Muslim; Travel.
34	

Introduction

Halal has become not only a brand but also a lifestyle that gives additional value to consumers. Along with the high economic growth, travelling becomes a basic need or even a lifestyle for some people. The great potential of the world Muslim market also influences the

growth of halal tourism. In several countries, the terminology of halal tourism uses several terms including Islamic Tourism, Sharia tourism, Halal Friendly Tourism Destinations, Halal Travel, Muslim-Friendly Travel Destinations, halal lifestyle, and others. Halal or Islamic tourism is defined as tourism and hospitality created by consumers and producers in accordance with Islamic values (El-Gohary, 2016). Referring to this definition, sharia tourism remains all types of tourisms that do not conflict with Islamic values and ease Muslim tourists to meet their needs.

Halal tourism is still limited for Muslims and has not been accepted yet globally. Therefore, UAE makes a breakthrough by integrating Muslim and non-Muslim tourists to visit and enjoy halal tourism offered by turning halal tourism into a global product that is accepted by everyone. UAE changes its economic orientation from an economy based on natural resources and oil to an industry-based economy, services, and tourism (Al-Hammadi, et.al., 2019). In the second quarter of 2019, Dubai introduced a new Islamic tourism destination named Quranic Park. This destination is established to enrich the tourist insight about Islamic culture. Dubai Quranic Park is also included in TIME Magazine's World's Greatest Places list (Saundalkar, A., 2019).

In 2019, Indonesia and Malaysia became the best halal tourism destination countries based on the results of the Mastercard-Crescent Rating assessment. The assessment was based on four criteria namely access, communication, environment, and service (Mastercard-CrescentRating, 2019). One of the attractions to visit Indonesia is to enjoy spas provided by resorts, hotels, and many public spas. SPA is included in 13 fields of the tourism industry (The Ministry of Tourism and Creative Industry of the Republic of Indonesia, 2009).

The spa is known as a place for body care or treatment through various services covering facial, hair treatment, and body care. The spa comes from the Latin words *Solus Per Aqua* which mean treatment using water. In Indonesia, the spa is well-known as *Tirta Husada* (Yurcu, G., 2017). It also becomes the name of a small city in Belgium that has an efficacious mineral water source for body treatment and health. In the era of ancient Egyptian civilization, the kings and queens had a habit of bathing in water that was full of flowers, spices, and milk baths as Queen Cleopatra did. In Egypt, Cleopatra's bathing artifacts were found (Bender, et.al., 2005). In Europe, the spa is usually connected with treatment using mineral water from natural spring sources. In Turkey, the centers and treatments are familiar with the name of Turkish Bath. Meanwhile, in Germany, those two are called "*Kurhaus*" (Gay, R., 1987).

The halal spa is now fast developed along with Muslims' halal lifestyle and their increased welfare. Spa becomes one of the four halal-tourism products development besides

hotels, restaurants, and travel agents. The halal spa that aims to respond to the Complementary Needs of Muslim consumers in rejuvenating their bodies becomes more popular. In fact, the spa has become one of the four pillars of halal-tourism product development besides hotels, restaurants, and travel agents (Tawat, N., 2019). As reported by The Global Wellness Economy Monitor (GWEN) in 2015, the economy of spa has reached US\$99 billion, there were 121,595 spas operating in the world, US\$77.6 billion in revenues and employing more than 2.1 million workers (Global Wellness Institute, 2017). GWEN reported that Indonesia entered 17 in Top 20 Spa Markets in 2015 (number of spas 2,070; spa facility employment of 60,682, and generating spa facility revenues of US\$ 0.92 billion). (L.L. Kurniawan, 2018).

The Spa Business Survey results conducted in April 2015 showed that Bali Province had the highest number of spa businesses about 34.82% of the total spa businesses in Indonesia. The second position was DKI Jakarta Province with 29.04%. The third position was occupied by West Java Province as much as 7.63%. East Java Province was in the fourth position with the total number of 5.18% of all spa businesses in Indonesia. The fifth position was D.I. Yogyakarta Province with 4.56%. In addition, the percentages of spa companies or businesses in other provinces are under 2% (Widoyono, 2015). The data exhibited that the spa is still dominated by provinces or regions that become the main destination for foreign tourists.

Based on the 2019 Global Muslim Travel Index (GMTI) Master Card-Crescent Rating study, the total number of world Muslim tourists reached 140 million in 2018 (Mastercard & CrescentRating, 2019). In 2017, there were about 131 million Muslim visitor arrivals globally – up from 121 million in 2016 – and it is estimated to continue growing up to 156 million visitors by 2020 representing 10% of the travel segment. The Muslim travel market is on course to continue its fast-paced growth to reach US\$220 billion by 2020. It is expected to grow a further US\$80 billion to reach US\$300 billion by 2026 (Mastercard-CrescentRating, 2018).

During 2017, the number of foreign tourists visiting Indonesia has reached 14.04 million or increased by 21.88% compared to the previous year which was about 11.52 million (Statistics Indonesia, 2018). In 2019, the number of international tourist arrivals was 16,11 million and generating revenues of US\$ 17,6 million (Statistics Indonesia, 2020). From that number, an estimated 5% of travelers are muslim. The spending of muslim travelers are greater between US\$2000-2500 for each one. The general tourist is only around US\$1100. The growth of Indonesian's halal tourism is about 42% along with the growth of world's significant halal tourism. Large expenses on five-star hotel accommodations are an opportunity to pamper tourists with halal spa services (Sofyan, 2019).

The high demand for the halal market requires managers of tourism businesses to improve and to give suitable services for the Complementary Needs of Muslim tourists including spa services. Six faith-based needs have been identified as the main areas for Muslim travelers. While the majority of Muslim travelers adhere to some of these needs, the level of importance varies among Muslims. There are Halal food, Prayer facilities, Ramadan services, Water-friendly washrooms, No non-Halal activities, Recreational facilities & services with privacy (Mastercard-Crescent Rating, 2018). Muslim travelers are not homogeneous in their adherence to the faith-based needs. To cater these needs from a services and facilities perspective, service providers can look at grouping these needs into "Need to have", "Good to have" and "Nice to have". The spa is one of the facilities and services with privacy that foreign tourists are interested in when traveling. The service indicators for Muslim tourists weigh 45%. One of these services is a spa (Mastercard-Crescent Rating, 2018).

There are several arguments that choose Halal spa as the requirement for muslim traveler as the topic of some research. That reason reconciles to the gap aspect of latest research. Halal spa's reconcile to The National Sharia Board – Indonesian Council of Ulama instruction that be basic of Halal spa development in Indonesia, limited by 5 regulations; (1) spared from pornography and porno action; (2) guarded of tourism privacy; (3) halal cosmetics; (4) No non halal services; and (5) prayer facilities (The National Sharia Board – Indonesian Council of Ulama, 2016). GMTI included halal spa as the component of "Nice to Have" to spoil muslim's traveler. Halal spa criteria have not been studied further (GMTI, 2019). Shariah compliant spa that formulated by Siti Farah is more focus to the halal product used, spa room structuring, muslim theraphy, and not offer some forbidden practice (Aliya and Ayuni, 2018). As well as Tawat in his study about halal wellness spa services in Thailand formulate 7 component Halal spas are; The place; Wellness spa manager; Therapist; Spa services; Spa products, Equipment and accessories; Services criteria; and Safety criteria (Tawat, N., 2019). Different from that research, this research will inspect Halal spa from the study of Islamic law. Hopefully, it's not only deliver the Islamic halal spa, but also spa levels according to Islamic concepts.

Most Muslim tourists cannot enjoy the halal spa that encounters the Islamic standards since majority of spa houses are still conventional style. Along with Halal Tourism developed in Indonesia, several Halal spa venues start to emerge and develop greatly. However, this is not accompanied by the improvement of spa owned by several hotels with good reviews in Indonesia. Most of the star hotels' spas are still conventional and they have not fulfilled the standard of Halal spa. Therefore, it is necessary to observe Halal spa's components including

the aspects of service and facility, which are relevant with Complementary Needs of Muslim tourists (Fahham, A. M., 2017).

The halal spa is a new issue in the tourism field. This study is an effort to socialize the spa concept following an Islamic perspective and to invite academics and tourism practitioners to participate in the project by producing reliable resources in the field of Halal Spa in near future. This study specifically aims to describe the spa facilities needed by Muslim tourists and describe Islamic law reviews concerning body spa services.

Literature Review

Spa: Indonesian Experience

According to Law Number 10 year 2009 concerning Tourism, spa business is a maintenance business that provides services with a combination of water therapy, aromatherapy, massage, spices, healthy food and beverage services, and physical activity to balance the soul and body by referring to the local traditions and cultures. Spa services provide body relaxation to get a balanced body, mind, and spirit. To reach the goal, the spa not only relies on natural sources of mineral water and hot water (thermal therapy) but also other elements such as aromatherapy, massage, herbal ingredients, supportive atmospheres such as strains music and room colour that can create an expected atmosphere (The Ministry of Trade of The Republic of Indonesia, 2009). The Characteristic of Indonesia Spa is aromatherapy. Aromatherapy is the art of caring for the body, mind and soul with each essential oil (Ali, et.al. 2015).

The Spa is a holistic health service that combines traditional and modern health care. The categorization of spa services according to the treatment goals are set into two categories namely Wellness or Health spa which provides health maintenance and prevention services that focus on relaxation and rejuvenation. Then, Medical spa provides overall services covering health improvement, maintenance, and prevention by prioritizing recovery or called revitalization-rehabilitation (Trihas, N. and Konstantarou, A., 2016). In terms of facilities, spas are divided into 6 categories, (1) Day/salon spas; (2) Destination spas and health resorts; (3) Hotel/resort spas; (4) Thermal/mineral springs spas; (5) Medical spas; and (6) Other spas (Global Wellness Institute, 2017). The Ministry of Health of the Republic of Indonesia divides the spa based on the treatment into three categories, (1) medical Spa; (2) Wellness Spa; and (3) Health Spa (The Ministry of Health of the Republic of Indonesia, 2014). There are three categories as follows:

Table 1. The Category of Spa

Category	The Approach	The Treatment Goal	The Opportunities
Medical Spa	Curative	Rehabilitation	Halal Medical Spa
Wellness Spa	Preventive	Revitalization	Halal Wellness Spa
		Rejuvenation	
Health Spa	Preventive	Relaxation	Halal Wellness Spa

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Therefore, several important components in the spa consist as follow:

- 1. Water therapy or hydrotherapy is the utilization of water and several natural ingredients, such as from plants, minerals, essential oils, salt, milk, mud, and scrubs for body healthcare by regulating temperature, pressure, current, moisture, and water content.
- Massage is body care or treatment technique by massaging muscles using limb movements (e.g. hands, fingers, elbows, and feet) or other assistive tools that are soft to skin, muscles, and nerves. The massage gives stimulation, relaxation, and smoothen blood and lymph circulations.
- Aromatherapy is a body care technique using efficacious essential oils that are efficacious, in which the oils can be implemented by inhaling, compressing, and applying to the skin. Such efforts can be more effective if accompanied by massage. The ingredients are active substances taken from aromatic plant extracts such as extractions from flowers, leaves, roots, stems, and fruit seeds, which have stimulation or relaxation effects.
- 189 4. Relaxation is an effort to reduce fatigue, tension, physically, and mentally.
- 190 5. Rejuvenation is an effort to rejuvenate the body to reveal more beautiful looks.
- 191 6. Revitalization is an effort to empower the function of organs to be optimally more healthy.
- 193 7. Spa therapist is the one who has a determined competency level of conducting spa 194 services and it has the authority to carry out his profession.

Each spa venue offers specific concepts and services that include at least seven elements (The Ministry of Health of the Republic of Indonesia, 2014). The elements involve massage techniques, cosmetics/ingredients used, therapist's appearance and skills, spa's spatial design and room, linen and equipment, music, and aromatherapy. Currently, many various spa

concepts with ethnic nuances are massively developed, such as a spa with Javanese, Balinese, Madurese, Middle Eastern, Sundanese, and up-to modern concepts. In the spa house with a Javanese concept, for instance, all of the Spa's ornament, interior, exterior, music, material, aroma, linen, furniture, cosmetics, and clothing reflect the distinctive Javanese culture. There is also a spa featuring acculturation of two cultures such as Javanese spa at the Inna Beach Bali hotel that combines Balinese and Javanese cultures (Yuswati, M. 2018). The spa is a type of service that is full of cultural and ethnic nuances and traditions. Many spas developed in a country are expected to help preserve the wealth of the Indonesian tradition.

Any concept offered by spa services should consider a clean, comfortable, safe, and healthy environment and be carried out according to culture and moral norms. Several aspects that can importantly highlight a good stereotype of a spa include the lighting, color, sound, aroma, temperature, and treatment room (The ASEAN, 2016). These aspects are essential because customers are bio-psycho-sociocultural and religious beings who want comprehensive and complete services to achieve optimal health. That is, whatever spa concept carried out provides a broad opportunity to integrate Islamic values (Faidah, 2017). Thus, Halal spa can have an ethnic concept by including several elements of a spa, both in offered services and facilities.

Islamic Concept of Spa

Islam provides guidance to its adherents to look clean, beautiful, and pleasant: "Verily Allah is beautiful and loves beauty" (Agus et al., 2018). In a vertical interaction with Allah, Muslims are required to clean themselves from the *Hadath Akbar* (major ritual impurity such as nocturnal orgasm, menstruation/hayd, sexual intercourse, etc) by doing "ghusl *al-Janaba*" (the major or full-body ritual purification mandatory with water before the performance of various rituals) and from *Hadath Asghar* (minor ritual impurity that invalidates *wudu* or a state occurs for one as a result of invalidation of *wudu* such as defectation, farting, urination, deep sleep, etc) by *wudu* (the minor of ritual purification or ablution with water) (Kiani, Saeidi, 2015). Moreover, there is also a recommendation to wear beautiful clothes while praying as mentioned in holy Quran, Al-A'raf 31: "Wear your beautiful clothes every time you enter the mosque." (Quran, 2019). In the context of the relationship with Allah, a Muslim is commanded to be fresh, clean, and holy. Likewise, they need to do the same thing in the context of interaction with humans. The Prophet Muhammad SAW once said to his companions when

they wanted to come to their brother, said: "Cleanliness is half of faith" (Narrated by Shahih and Muslim: 223). (Bukhari and Muslim, 2020).

The Hadith also provides a clear depiction of the profile of a Muslim. Appearance becomes something that is also important in addition to the inner appearance because both inner and outer beauty are Islamic teachings. Rasulullah SAW has declared that inappropriate appearances or clothing conditions as a bad thing and they are hated by Islam. Islam invites Muslims to always look good. Thus, a Muslim must show his Islamic identity from how the way they look including cleanliness, purity, and beauty. The balance between a good appearance of the body and mind is the guidance of Islam.

Islam introduces five dispositions in terms of body care that depicted in the *Sunnah* including removing armpit hair and shaving pubic hair. This is highly recommended in Islam to maintain the cleanliness and beauty of a Muslim's body. Therefore, a Muslim should not leave the *Sunnah* for more than 40 days. In the hadith mentioned that "Five things included in *fitrah* (purity) involve shaving pubic hair, circumcision, thinning mustache, removing the armpit hair and cutting nails." (Narrated by Bukhari Muslim) (al-Munajjid, 2014). Islam also recommends maintaining oral hygiene by cleaning teeth using *siwak* or toothbrush. Toothbrushing is recommended in every circumstance and it is emphasized when going to perform *wudu*, pray, read Qur'an, enter the house, and wake up at night to do a midnight prayer. Rasulullah SAW said, "If it is not burdensome to my people, surely I will order them to do toothbrushing every time they will pray." (Depth Hadith and Sunnah, 2019). In addition, muslim should protect her/his mouth from unpleasant odors. "Whoever eats shallots and garlic and chives, then do not approach our mosque." (Muslim, 2011). The unpleasant smell disturbed angels and people who were present in the mosque and reduced concentration in prayer. Henceforth, a Muslim woman should also maintain her breath smell every time.

Islamic spa concepts can be elaborated in the perspective of Maqasid Shariah. In Islamic law context, it can refer to the purposes of the Islamic faith. The objective of shariah is to promote the well-being of all mankind (Anas, et. al., 2016). It is basic for the establishment of welfare in this world and the world hereafter in the sense in order to prevent *fasad* (chaos and disorder). There are five objectives as follows:

Table 2. The Five Objectives of Shariah

The Objectives	Description
The Preservation of Religion	The preservation and protection of religion under all
	circumstances or conditions.
	Example: Jihad (defending Islam if it attacked by the
	enemies).
The Preservation of Life	The preservation and protection of life under all
	conditions. Example: to protect life is enacting a severe
	punishment for those who kill another (qisas) and
	abortion is prohibited, the order or healthy life, etc.
The Preservation of Intellectual	The preservation and protection of intellectual and mind
	under all conditions.
	Example: The prohibition of liquor consumption or
	harmful substances that will affect the damage of the
	brain.
The Preservation of Lineage	The preservation and protection of descendants and
	honor under all conditions.
	Example: The prohibition of committing adultery or
	other immoral behaviors.
The Preservation of Property	The preservation and protection of property under all
	conditions.
	Example: Distribution of wealth in a fair manner through
	Zakat (The Religious obligation for all Muslims who meet
	the necessary criteria of wealth) or infaq (giving some
	possession or income).

(Dar alifta al-Misriyyah, 2020).

The Muslims scholars have classified the objectives of Shariah into three categories in descending order of importance (Kamali, 1999):

Table 3. The Categories in Descending Order

The Categories	Description	
Daruriyyat (Basic Necessities)	Primary needs. Essential elements for human life. The	
	absence of these elements may cause destruction and	
	damage.	
	Examples: Spa for healing diseases.	
Hajiyyat	Secondary needs. The lack of any of these needs is not	
(Complementary Needs)	a matter of life and death. Its existence is needed to	
	provide convenience and eliminate difficulties.	
	Examples: Wellness Spa	
Tahsiniyyat (Embellishment)	Tertiary needs. All the needs to comfort and ease life	
	and offer more spacious and luxuries.	
	Examples: Health Spa.	

The difference between *Daruriyyat*, *Hajiyyat* and, *Tahsiniyyat* is its influence on human existence. Referring to Spa services to maintain, improve, and restore health in terms of freshness and beauty and to achieve a balance between body, mind, and soul (spirit) for optimal health conditions then Spa performs objectives of shariah including *Hifd al-Nafs* (Preservation of Life) and *Hifd al-Aql* (Preservation of Intellect). Judging from the three categories, Spa moves from *Daruriyyat*, *Tahsiniyyat*, and *Hajiyyat* according to the circumstances. The implication of the theory is the formula for Spa facilities based on the level of need.

Methodology

Research Design

This study used a descriptive qualitative approach. The purpose of this descriptive study was to make a systematic, factual, and accurate description concerning traits and relationships between the investigated phenomena. The qualitative descriptive approach to review the spa concept in Islamic law and traveler needs.

This research was conducted in June 2016 - May 2017 in three cities in the East Java province of Indonesia, namely Surabaya, Tuban, and Malang. There are 7 spas observed, namely: (1) Kayla Spa; (2) Aliya Spa; (3) Nayyara Spa; (4) Naura Spa; (5) House of Annisa; (6) Alfafa Spa and (7) Ida Salon. Observations focus for Spa facilities (rooms, equipment,

materials, cosmetics, layout, and infrastructure) and services provided. The informants were 63 regular Spa customers to find out consumers' needs for the Halal Spa facility. In an effort to enrich the data, interviews were also addressed to 15 therapists, Spa experts and religious scholars to explore the readiness of the industry in responding to costomers needs. In addition, researchers also conducted Focus Group Discussion (FGD) in the discussion room at the Faculty of Engineering, Universitas Negeri Surabaya. The FGD was attended by religious scholars. The discussion was led by a moderator and attended by 7 active participants. The materials offered to collect the data are shown in Table 4-6.

Table 4. Interview Guidelines

Aspects	Questions	
Reasons to choose Halal Spa	Why do you choose body treatments at the Halal Spa?	
	Do you also do body treatments at a conventional Spa?	
Spa Facilities	In terms of facilities, what distinguishes Halal Spa and conventional Spa?	
	What spa facilities do tourists need?	
	What space is needed so that consumers feel protected?	
	Are the Spa facilities provided according to your request?	
	Are all ingredients / cosmetics provided Halal?	
Spa services	In terms of service, what distinguishes Halal Spa and conventional Spa?	
	How do you expect therapist performance?	
Treatment types	What type of treatment is preferred?	
	What is the purpose of doing Spa (treatment, relaxation, entertainment)?	

Table 5. The Materials of FGD

Issues				Discussion	
Halal Indones	•	Policy	in	Policy and support for the development of Halal Spa in Indonesia	

	Halal Spa service standards in Indonesia	
	Standard Halal Spa facilities in Indonesia	
	Institution that has authorization to conduct Spa certification	
Spa and Islamic ethics	Limits on body care that are allowed and that are not	
	The purpose of body care in Islam	
Halal spa and tourism	Spa's position in supporting the tourism sector	
Spa Facilities	Spa facilities needed by Muslim tourists	

Table 6. The Checklist of Spa Facilities

Types	Conditions	
Spa room	Consultation room, bath / Jacuzzi room, sauna room treatment room.	
Treatment Room Furniture	Bed, material / cosmetic display table, lockers, chairs	
Lighting	Natural lighting, Artificial lighting	
Sound System	Relaxation music and communication system with clients	
Air Conditioning	Air circulation, closed air circulation, aromatherapy	
Calour	In accordance with the concept	
	(natural, modern, semi-modern)	
The Concept of Spa Building	Interior, landscape (according to the Spa concept; modern semi-modern, traditional, natural)	
Water system	Cold water, hot water, warm water, clean water, ice water, and drainage management	
Fire protection system	Fire alarm, fire extinguisher, building security system	
Supporting facilities	Cosmetic display room, cafe and restaurant,	
Additional Facilities	Lobby, waiting room, corridor, cleaning room, dressing room, toilet, parking lot.	
Management Room	Chief and staff room, reception room, employee break room	

Equipment	Body steam, bath up, ear candle, treatment tools for woman's sensitive part, aromatherapy furnace	
Ingredients / Cosmetics	Scrub, massage cream, soap, cleanser, mask, cream scrub, body lotion	
Clothes	Blanket, bed sheet, women's traditional cloth, loincloth, towel	

Data is processed during the research process, manually coding, compiling concepts based on coding results, creating categories, and obtaining analysis results. The obtained data were analyzed following the pattern of Miles and Huberman with four stages: (1) field data collection through FGD with owners, therapists, and religious experts about the concept of Spa. In addition, the interviews with Muslim consumers and checklist documents to explore the Spa facilities are needed, (2) data reduction covering a process of selecting, focusing, abstracting, transforming rough data in the direct field. At this stage, the interview results are interpreted as consumer needs and organized into three categories, primary facilities, secondary facilities, and tertiary facilities (3) presentation data, which were a series of information that would be carried out. At this stage, it is determined the relative importance of consumer needs and (4) conclusions drawing by reflecting on the results and processes (Miles, Huberman & Review, 2014). This study is limited to seven spas in East Java (provinces in Indonesia) and 85 informants.

Data Validity Test

Validity test of the data used triangulation namely triangulation of sources by checking the data obtained through several sources. Triangulation of techniques was conducted by matching the results of interviews with the document checklist. Whereas, triangulation of sources by matching explanations of therapists, owners, and religious experts about the Spa concept.

Result and Finding

Legal Review of Body Spa

There were various spa services, for instance hair spa, pedicure-manicure, body spa, V-spa, and others. This discussion focuses on body spa. Body spa was a series of body treatments that consisted of several stages namely: (1) whole body massage therapy, this body massage

aimed to improve blood circulation and to give muscles relaxation; (2) body scrub which aimed to remove dead skin cells, smooth and clean the body, and eliminate the body odors; (3) Steam body aimed to open pores, remove toxins and facilitate blood circulation; (4) the body mask was to close the pores that are open during steam, lighten the skin and tighten the skin; (5) soaked with flower water/milk bath/ aromatherapy (The ASEAN, 2016). The spa process usually took up to two hours which starting from massage to scrub, then bathing using spices that could refresh the body. Body areas treated during massage included back to buttocks, back legs, front legs, hands and chest. The comfort presented by body spa ensured that clients might fall asleep while taking the chosen treatment. So that, spa contained treatment, health, and pleasure.

Based on Islamic law, spa services contained two aspects such as transaction elements and service operations. Based on the transaction elements, there was a provision that everything in *muamalah* (The commercial transactions between the parties) was changed until there was a prohibition, as contained in the rules: "*Al-Aslu fi al-Muamalat al-Ibahah, Illa an Yadulla al-Dalil ala Tahrimihi*" (Everything is permitted until there is a proposition that forbids it). (National Sharia Board - Indonesian Council of Ulama, 2016). Islam did not prohibit a *shara*' contract if the contract was still adhered to the rules of *shara*' in general. For this reason, several contract principles that must be fulfilled in the Islamic economy such as: (Najeeb, S. F., 2014)

- 355 1. There was no *riba*' (Usury) practice.
- 356 2. There must be no element of fraud.
- 3. There must be no element of gambling.
- 358 4. There must be no element of harm.
- 359 5. Injustice must not occur.

- 360 6. There should not contain immorality.
- 7. There must be no prohibition.

Transactions for using spa services were permitted as long as they did not violate any of the above seven contract principles. In the context of Islamic economics, spa services had met the regulation of business transactions. The transaction was about selling and buying services or benefits. The therapist's ability to massage and scrub was a useful skill for people who searched for the therapy, for that the person who used the therapy service must give a trial/payment to the therapist. In the process of steamer and flower bathing, service users enjoyed the services, so in return, they must also provide the *ujrah* (Fee or the financial charge for using services). As a service business, the spa did not violate the law in a business context. The activities including all the systems and management that developed at this time had

fulfilled the *ijarah* (The type of contract in Islamic transaction) contract (National Sharia Board - Indonesian Council of Ulama, 2016). However, a business would be legal if it went according to the provisions of the *Shara*' start from the contract, the process, and the goals. It was not only economically beneficial but also contained *maslahah* (the best public benefit or interest) which was in accordance with the objectives of *Shara*'.

In regard to *Maqasid al-Shariah*, spa services provided benefits for "*Hifd al-'Aql'*" (Preservation of Intellect) and "*Hifd al-Nafs*" (Preservation of Life) (Anas et al., 2016). In accordance with *Hifd al-'Aql*, spa services were able to neutralize tension, break down the pressure of mind, reduce fatigue, and boredom both physically and mentally with the relaxation offered. In regard to "*Hifd al-Nafs*", spa services could help rejuvenate the body and empowered the function of healthy organs to obtain a more optimal level of health. While reviewing the level of spa Complementary Needs, Islamic law could be categorized into three criteria namely (**Figure 1**): *Daruriyyat* (Basic Necessities), *Hajiyyat* (Complementary Needs) and *Tahsiniyyat* (Embellishment). To cope with *Daruriyyat* (Basic Necessities), the spa was the only treatment technique such as healing pain in the pubic area that could only be treated with a spa therapy. *Hajiyyat* (Complementary Needs) described as when the spa helped to optimize the performance of body organs. *Tahsiniyyat* was when spa aimed for beautifying the physical appearance. These three levels of Complementary Needs resulted in different spa's legal status. Differences in legal status also rose an impact on the legal differences in operational services as explained below:

- 1. Spa's operational services that passed the same sex line. If the therapy was aimed for "Daruriyyat" (Basic Necessities) treatment, it was allowed to see and touch the heavy genitals by following the rule of "al-Darurat Tubih al-mahzurat" (an emergency condition which lead to allowing the prohibited). However, if the spa had the dimensions of Hajiyyat (Complementary Needs) and Tahsiniyyat (Embellishment), then the limit of the female's naked body must not be seen and touched, whereas the other body parts could be seen and touched.
- 2. The touch that occurred between the therapist and the treated person should be still in a professionalism corridor. On the contrary, the touch wrapped in lust had violated one of the seven principles of transaction namely not to have infidelity.
- 3. The occurrence of *ikhtilat* (mingling) between men and women. Spa services, according to Islam, only provided opportunities for therapists and those treated equally. Mixing treatment should not occur, either from the side of the spa room or the therapist.
- 4. Food, drinks, and cosmetics provided in the spa series must be guaranteed its halal products.

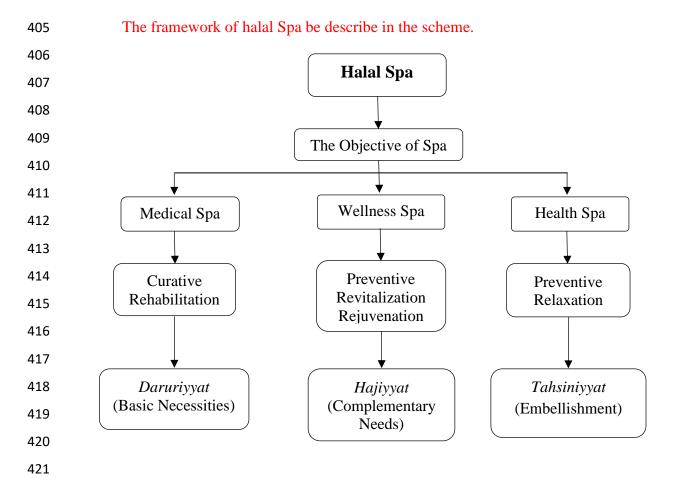


Figure 1. The Scheme of Halal Spa.

424Halal Spa Facilities

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Based on the interview results with spa consumers and the checklist document related to spa facilities needed, the elements of spa facilities that wanted by Muslim consumers can be drawn as follows:

- 1. The lobby area was a terrace room near the entrance which was usually equipped with various tables and chairs which functioned as a waiting room. The lobby needed to be equipped with Islamic reading books such as magazines, tabloids, or other Islamic books.
- 2. The front office needed to be equipped with written information explaining (1) this Spa is a
 Halal Spa; (2) types of spa services; (3) the price of each service; and (4) the type of
 cosmetics used. Cosmetics/ingredients with the official halal logo or made from herbs
 needed to be displayed in the room.
- 3. Clean toilets were another important thing. The toilet should be well-maintained and separated between men and women toilets, of which each toilet should be equipped with practical tools for washing.

- 4. The place of prayer needed to be equipped with (1) clean and well-maintained prayer equipment, (2) *Qibla* directions, (3) a clean and well-maintained prayer room, (4) good air circulation with cooling or fan, (5) bright lighting, (6) place for *wudhu* with a clean and well-maintained condition, (7) the prayer time schedule; and (7) clean water installation for washing.
- 5. Interior and ornaments did not lead to polytheism and pornography.
- 6. The spa room had the following elements and criteria; (1) the room for customers was neatly 444 arranged, clean, well-maintained, and comfortable and (2) changeable lighting; (3) halal 445 446 therapeutic ingredients; (4) good air circulation with cooling or fans; (5) complete lenna 447 (kimono, spa wardrobe, towel, washcloth, and slippers) that were clean and free of germs and maintained according to general health regulations; (6) dressing room that guaranteed 448 privacy; (7) spa equipment was well-maintained, neatly arranged, safe, and clean; (9) the 449 furniture was neatly arranged with the principles of safe, comfortable, and efficient; (10) 450 bathtubs must be clean, well-maintained, and guaranteed customer's privacy; (11) well-451 maintained trash cans in accordance with general health principles; (12) first aid equipment; 452 453 and (13) locker where customer's belongings were stored.
- 7. Therapist room must be appropriate for taking a rest and self-preparation.
- 455 8. Music was not in a porn nuance.

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- 9. Bathtubs were used personally. If the bathtubs were used together, each client must use a cloth.
- 10. The rinse room was used by spa customers to rinse their body after treatment and use it personally.
- 460 11. Washing sink was equipped with cleaning soap and antiseptic, including adequate clean water.
- 12. Locker was to leave customers' personal belongings during the spa treatment.
- 13. The eating and drinking area were needed for eating and drinking after the treatment.
- 14. Lighting control should be considered appropriate by setting the amount of irradiation according to the type of treatments.

The critical point in spa facilities that often occurred in the conventional spa was paired spa services, which gave a space for two clients of different sexes, such as men and women. This was not allowed because the spa room became no longer a private space but more into public space due to the presence of two non-*mahram* sexes. The status of being a public space required the obligation to close the genitals and this was not possible to be carried out during the spa process.

In addition to space, the second critical point was the use of bathtubs together at one time. If the bathtubs were simultaneously used, customers needed to wear available treatment wardrobe. Meanwhile, shared use of men and women in one bath-up was not permitted for any reason.

The third critical point was ornament and interior space. In some places, the spa was equipped with a place of worship completed with offerings and burned incenses. In addition, paintings or pictures in the room depicted a woman's naked body. The halal spa must be free from those elements that might lead to polytheism and pornography (R. Yaman, et.al., 2012).

The fourth critical point was the mixing of men and women during the treatment process. The halal spa was sterile from the mixture, both mixing space and therapists. Male clients cared by male therapists while female clients cared by female therapists by referring to professionalism and binding ethic codes. Spa services for men should be separated from the women's room (Othman, et. al., 2015).

As an effort to ensure whether spa treatments did not conflict with Islamic values, a minimum standard of the spa must be first established, including (Al-Hasan, F. A., 2017):

- 1. Separated treatment room for men and women.
- 488 2. Mind and physical therapy did not lead to sharia violations or lead to shirk.
- 3. Men's therapists were only for men while women therapists were for women.
- 490 4. Some facilities that made easier to pray.

5. Cosmetics used were supported by official halal logo products.

Based on the results of the BPS survey, there were 81.55% of spa businesses in Indonesia providing music facilities, 60.52% provided soaking tubs, 95.39% provided clean toilets, and 68.04% provided lockers or luggage storage (Widoyono, 2015).

Crescent Rating provided standards and awards to the Halal Spa business by giving two ratings namely: "A" rating and "AA" rating. A spa with an "A" rating adhered to the Islamic criteria and provided a satisfying spa service for Muslim tourists. While the spa with "AA" rating was a spa designed specifically for Muslims. Some of the main elements of ranking were the level of privacy offered by the spa. Crescent Rating required a separated area for men and women, a spa with "AA" rating provided a separated area while the "A" rating provided separated times for men and women (Widoyono, 2015). Second, the therapist had professional qualifications and had a competency certificate. A female employee served a spa for women while the male employees were in the male department. The clothing worn should be in accordance with Islamic rules. Third, spa businesses must be registered with local authorities and obtained licenses from local authorities to run the business. Fourth, the products used were

halal certified or herbal products. At last, the spa informed Muslim customers that the spa was in accordance with Islamic requirements and it was visitable.

Based on the result of research above, Halal spa's formula descripted in this chart;

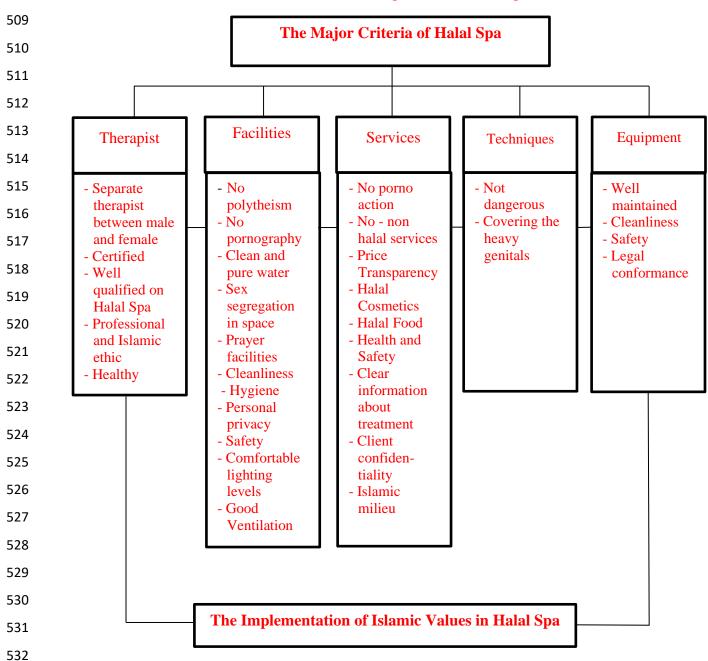


Figure 2. The Formula of Halal Spa.

Related to this reserach, Naura as the agent of halal spa industry gives this response; "I really hope there are some standards for spa service and facilities according to Islam. Because, so far there are no clear references, and it make me doubt about halal and haram. The result of this study are very useful".

Conclusion

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The findings of this study can be used to develop Halal Spa according to Islamic Values. Spa services had fulfilled the principles of sharia business transactions that covered selling and buying services or benefits. The business was legal if it went along with the provisions of the Shara ' and the sale contract, of which the process and the purpose for the sake of maslahah. In accordance with Magasid al-Shariah (the objective of Islamic law), spa services provided benefits for "Hifd al-'Aql" (Preservation of Intellect) and "Hifd al-Nafs" (Preservation of Life). There Three levels of spa Complementary Needs could be categorized into three criteria namely Daruriyyat (Basic Necessities), Hajiyyat (Complementary Needs) and Tahsiniyyat (Embellishment). Another result explained that there were 14 elements of spa facilities. The critical point in such facilities that often occurred was the fact that the spa room was no longer private because male and female customers could be in the same room. The second critical point was that the bath-up was used together at the same time. The third critical point was in accordance with the ornament and interior space because halal spa should be free from any polytheism and pornography elements. The last critical point was about the presence of a mixing area for men and women. Hopefully, this research can be followed up by measuring the level of readiness and willingness of conventional spas to provide services and facilities according to the halal Spa concept.

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RESPONSE LETTER

No.	Comments	Responses
	Reviewer 1	
	The researchers have amended the	The English has been improved
	paper according to instructions,	
	however, the new and modified	
	parts highlighted in red need to be	
1	edited. In general I am not happy	
	with the English style. I	
	recommend the paper should be	
	proofread and edited before	
	publishing!	
	Reviewer 2	
	Introduction:	The references have been included in the text.
	However, the rationale needs to be	
2	further strengthened with the	
2	support of relevant sources. For	
	example, references are missing for	
	the following paragraphs:	
	"The halal spa is now fast	The halal spa is now fast developed along with Muslims'
	developed along with Muslims'	halal lifestyle and their increased welfare. Spa becomes
	halal lifestyle and their increased	one of the four halal-tourism products development
	welfare. Spa becomes one of the	besides hotels, restaurants, and travel agents. The halal
	four halal-tourism products	spa that aims to respond to the Complementary Needs of

development besides hotels, Muslim consumers in rejuvenating their bodies becomes more popular. "(p.2) restaurants, and travel agents. The Tawat, N. (2019). Halal Wellness Spa Services Standard halal spa that aims to respond to the Complementary Needs of Muslim Thailand: Development And consumers in rejuvenating their Challenges. *International* Conference & Halal bodies becomes more popular. " Exhibition 2019 (IHCE), 1(1), 287-292. Retrieved (p.2)from http://jurnal.pancabudi.ac.id/index.php/ihce/article/ view/641. "The high demand for the halal The high demand for the halal market requires managers market requires managers of of tourism businesses to improve and to give suitable tourism businesses to improve and services for the Complementary Needs of Muslim to give suitable services for the tourists including spa services. Six faith-based needs have been identified as the main areas for Muslim Complementary Needs of Muslim tourists including spa services. Six travelers. While the majority of Muslim travelers adhere faith-based needs have been to some of these needs, the level of importance varies identified as the main areas for among Muslims. There are Halal food, Prayer facilities, Muslim travellers. While the Ramadan services, Water-friendly washrooms, No nonmajority of Muslim travellers Halal activities, Recreational facilities & services with adhere to some of these needs, the privacy. level of importance varies among Mastercard-Crescent Rating. 2018. Global Muslim Muslims. There are Halal food, 2018. Prayer facilities, Ramadan services, Travel Index Water-friendly washrooms, No https://www.crescentrating.com/education.html. non-Halal activities, Recreational facilities & services with privacy." (p.3)"Most Muslim tourists cannot Most Muslim tourists cannot enjoy the halal spa that enjoy the halal spa that encounters encounters the Islamic standards. This is because that the the Islamic standards. This is majority of spa houses are still conventional style. Along because that the majority of spa with Halal Tourism developed in Indonesia, several Halal

houses are still conventional style. spa venues start to emerge and develop greatly. However, Along with Halal Tourism this is not accompanied by the improvement of spa developed in Indonesia, several owned by several hotels with good reviews in Indonesia. Halal spa venues start to emerge Most of the star hotels' spas are still conventional and and develop greatly. However, this they have not fulfilled the standard of Halal spa. Therefore, it is necessary to observe Halal spa's is not accompanied by the improvement of spa owned by components including the aspects of service and facility, several hotels with good reviews in which are relevant with Complementary Needs of Indonesia. Most of the star hotels' Muslim tourists. spas are still conventional and they have not fulfilled the standard of Fahham, AM. 2017. Tantangan Pengembangan Wisata Halal spa. Therefore, it is necessary Halal Di Nusa Tenggara Barat. The Challenge of to observe Halal spa's components Developing Halal Tourism in Nusa Tenggara Barat. including the aspects of service and Aspirasi: Jurnal masalah-Masalah Sosial. Vol. 8 No. 1, 2017. DPR RI. facility, which are relevant with Juni Jurnal Complementary Needs of Muslim https://jurnal.dpr.go.id/index.php/aspirasi/issue/view/17 tourists." (p.3) 9. Literature review Several terminologies have been re-checked and Furthermore, my original comments regarding "the existing consulted. underlying theories from religious tourism, hospitality and leisure literature needs to be consulted and incorporated to identify the gaps" have not been addressed. The litterateur review is mainly written for a Muslim audience and assumes that the reader would understand some of the Arabic terminologies. **Results and Findings**

3

	In the results and findings section	In 'Results and Findings', the quotation from respondent
	quotations from the respondents to	is provided in line 536-539
	support the findings need to be	Related to this reserach, Naura as the agent of halal spa
4	included.	industry gives this response; "I really hope there are some
4		standards for spa service and facilities according to Islam.
		Because, so far there are no clear references, and it makes
		me doubt about halal and haram. The results of this study
		are very useful".
	Presentation:	Paper has been revised.
	There are still grammatical and	
5	spelling mistakes throughout the	
	paper. The paper needs to be	
	thoroughly poof read.	
	References are still missing for	References have been included in the text.
	factual and academic information	1. Paragraph 1 of Introduction:
	in several places.	
		Halal has become not only a brand but also a lifestyle that
		gives additional value to consumers. Along with the high
		economic growth, travelling becomes a basic need or
		even a lifestyle for some people. The great potential of
		the world Muslim market also influences the growth of
6		halal tourism. In several countries, the terminology of
		halal tourism uses several terms including Islamic
		Tourism, Sharia tourism, Halal Friendly Tourism
		Destinations, Halal Travel, Muslim-Friendly Travel
		Destinations, halal lifestyle, and others. Halal or Islamic
		tourism is defined as tourism and hospitality created by
		consumers and producers in accordance with Islamic
		values. Referring to this definition, sharia tourism
		remains all types of tourisms that do not conflict with

Islamic values and ease Muslim tourists to meet their needs.

Hatem El-Gohary. 2016. Halal Tourism, Is It Really Halal?. Tourism Management Perspectives. December 2015. DOI: 10.1016/j.tmp.2015.12.013.

2. Line 51-54:

In the second quarter of 2019, Dubai introduced a new Islamic tourism destination named Quranic Park. This destination is established to enrich the tourist insight about Islamic culture. Dubai Quranic Park is also included in TIME Magazine's World's Greatest Places list.

Aarti Saundalkar. 2019. Dubai's Quranic Park named one of the World's Greatest Places to visit. *What's on*. 25th August 2019. https://whatson.ae/2019/08/dubai-quranic-park-is-named-one-of-the-worlds-greatest-places-to-visit/

3. Line 58-60:

One of the attractions to visit Indonesia is to enjoy spas provided by resorts, hotels, and many public spas. SPA is included in 13 fields of the tourism industry.

The Ministry of Tourism and Creative Industry of the Republic of Indonesia. 2009. *Peraturan Pemerintah No 10 Tahun 2009 Tentang Kepariwisataan*.

Https://www.Kemenparekraf.Go.Id/Index.Php/Categorie s/Undang-Undang

4. Based on the number of spa businesses and wellness tourism, Indonesia is in the 17th rank of world health tourism.

Global Wellness Institute. 2017. Global Wellness Economy Monitor.

 $https://global wellness institute.org/wp-content/uploads/2018/06/GWI_Wellness Economy Monit\\ or 2017_FINAL web.pdf$

5. "Cleanliness is half of faith" (Narrated by Shahih and Muslim: 223). (Bukhari and Muslim, 2020).

Reference:

Bukhari and Muslim. 2020. *The Hadith of the Prophet Muhammad at your fingertips*. https://sunnah.com/muslim/2

6. Konfirmasi Editor untuk revisi bahasa dan format (27 Oktober 2020)



Mutimmatul Faidah . <mutimmatulfaidah@unesa.ac.id>

(no subject)

7 messages

Kevin A. Griffin <editor-ijrtp-1313-1451068@tudublin.bepress.com> To: =?UTF-8?Q?=22Mutimmatul Faidah=22?= <mutimmatulfaidah@unesa.ac.id> Tue, Oct 27, 2020 at 6:16 PM

Dear Colleagues,

Apologies for delay in coming back to you.

We will shortly be commencing work on the Issue where we would like to publish your paper. In advance of that, and with a view to including your paper, we need you to do some work.

Firstly, the standard of English in your paper needs to be improved. Please see if you can have your paper proofread / edited to improve the English.

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Because we have a high volume of papers in preparation for publication, authors whose papers are presented in a good standard of English, and which follow the correct formatting style will have a better chance of being published in a forthcoming issue.

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Kevin Griffin

Mutimmatul Faidah . <mutimmatulfaidah@unesa.ac.id> To: "Kevin A. Griffin" <editor-ijrtp-1313-1451068@tudublin.bepress.com> Tue, Oct 27, 2020 at 10:43 PM

Thank you for the information.

[Quoted text hidden]

7. Konfirmasi submid revisi dan artikel yang diresubmid (18 November 2020)



Mutimmatul Faidah . <mutimmatulfaidah@unesa.ac.id>

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Kevin A. Griffin <editor-ijrtp-1534-1451068@tudublin.bepress.com> To: Mutimmatul Faidah <mutimmatulfaidah@unesa.ac.id>

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International Journal of Religious Tourism and Pilgrimage

Exploring Muslim Tourist Complementary Needs on Halal Spa Facilities to Support Indonesia's Sharia Tourism

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Abstract: This study aims to review Islamic law on body spa services and describe the spa facilities Muslim tourists need. This descriptive qualitative study consists of spa consumers, owners, therapists, and religious leaders. The data were collected using interviews, focus group discussions, and observation. This study was analyzed by Maqasid al-Shariah (the objectives of Islamic law) and the Classification of Benefits based on Shariah theory. The results showed that the process and purpose of spas should be for the sake of maslahah (Public interest). Based on Maqasid al-Shariah (the objectives of Islamic law), spa services benefit the "Hifd al-'Aql" (Preservation of intellect) and "Hifd al-Nafs" (Preservation of life). There were three levels of Complementary Needs for spas, categorized into Daruriyyat (Basic Necessities), Hajiyyat (Complementary Needs), and Tahsiniyyat (embellishment), while the spa facilities comprise 14 elements.

Keywords: Body; Halal spa; *Magasid al-Shariah*, Muslim; Travel.

Introduction

Halal is not only a brand but also a lifestyle that gives additional value to consumers. Along with high economic growth, traveling becomes a fundamental need or even a lifestyle for some people. The great potential of the Muslim world market also influences the development of halal tourism. In several countries, halal tourism uses several terms, such as Islamic Tourism, Sharia tourism, Halal Friendly Tourism Destinations, Halal Travel, Muslim-Friendly Travel Destinations, and Halal lifestyle. Halal or Islamic tourism is defined as tourism and hospitality created by consumers and producers following Islamic values (El-Gohary, 2016). According to this definition, Sharia tourism includes all tourism types that do not conflict with Islamic values and enable Muslim tourists to meet their needs.

Halal tourism remains limited for Muslims and has not yet been accepted globally. Therefore, the UAE has made a breakthrough by integrating Muslim and non-Muslim tourists to visit and enjoy halal tourism. Moreover, halal tourism into a global product and accepted by everyone. The UAE is transitioning from an oil and natural resources economy to an economy based on industry, services, and tourism (Al-Hammadi et al., 2019). In the second quarter of 2019, Dubai introduced a new Islamic tourism destination named Quranic Park, established to educate tourists about Islamic culture. Dubai's Quranic Park is on TIME Magazine's World's Greatest Places list (Saundalkar, 2019).

The Mastercard-Crescent Rating assessment ranked Indonesia and Malaysia as the best halal tourism destinations in 2019. The assessment was based on four criteria: access, communication, environment, and service (Mastercard-Crescent Rating, 2019). Resorts and hotels provide spas; there are also many public spas. It is one of 13 fields of the Indonesian tourism industry (The Ministry of Tourism and Creative Industry of the Republic of Indonesia, 2009).

A spa is a place for body care or treatment through various services, including facials, hair treatments, and body care. "Spa" comes from the Latin phrase *Solus Per Aqua*, which means treatment using water. In Indonesia, the spa is well-known as *Tirta Husada* (Yurcu, 2017). It is also the name of a small city in Belgium with an efficacious mineral water source for body treatment and health. In ancient Egyptian civilization, royalty such as Cleopatra habitually bathed in water full of flowers, herbs, and milk, as indicated by Cleopatra's bathing artifacts (Bender et al., 2005). In Europe, the spa is usually associated with treatment using mineral water from natural spring sources. In Turkey, the centers and treatments as known as Turkish Baths, while in Germany, they are called "*Kurhaus*" (Gay, 1987).

The halal spa is now developing along with Muslims' halal lifestyle and their increasing welfare. The halal spa one of the Complementary Needs of Muslim consumers for rejuvenating their bodies. The spa has become one of the four pillars of halal-tourism product development besides hotels, restaurants, and travel agencies (Tawat, 2019). As reported by The Global Wellness Economy Monitor (GWEN) in 2015, the spa industry reached US\$99 billion, with 121.595 spas operating in the world, earning US\$77.6 billion in revenue and employing more than 2.1 million workers (Global Wellness Institute, 2017). GWEN reported that Indonesia ranked 17 of the Top 20 Spa Markets in 2015, with 2,070 spa facilities, 60,682 spa employees, and US\$0.92 billion in revenue (Global Wellness Institute, 2017; Kurniawan, 2018).

The Spa Business Survey, conducted in April 2015, shows that Bali Province had the highest number of spa businesses in Indonesia, with 34.82%, followed by DKI Jakarta Province with 29.04%. The other spa businesses are in West Java province (7.63%), East Java province (5.18%), and D.I Yogyakarta (4.56%), while the rest (2%) are in other provinces (Widoyono, 2015). The data indicates that the spa business is still dominated by the provinces or regions that become the main destination for foreign tourists.

Based on the 2019 Global Muslim Travel Index (GMTI), the total number of Muslim world tourists reached 140 million in 2018 (Mastercard-Crescent Rating, 2019). In 2017, there were about 131 million Muslim visitors globally – increasing significantly from 121 million in 2016 – and it is estimated to continue growing up to 156 million visitors by 2020 representing 10% of the travel segment. The Muslim travel market is on course to continue its fast-paced growth to reach US\$220 billion by 2020 and could reach US\$300 billion by 2026 (Mastercard-Crescent Rating, 2018).

During 2017, the number of foreign tourists visiting Indonesia has reached 14.04 million, a 21.88% increase over the previous year, about 11.52 million (Statistics Indonesia, 2018). In 2019, the number of international tourist arrivals was 16,11 million, and generating revenues of US\$ 17.6 million (Statistics Indonesia, 2020). An estimated 5% of travelers are Muslim, each spending between US\$2000-2500. The general tourist spends only around US\$1100. The growth of Indonesia's halal tourism is the most significant in the world, about 42%. Large expenses on five-star hotel accommodations are an opportunity to pamper tourists with halal spa services (Sofyan, 2019).

The halal market's popularity requires tourism business managers to offer and improve suitable services for Muslim tourists' Complementary Needs, including spa services. Muslim travelers have six faith-based needs. While most Muslim travelers adhere to some of these needs, their level of importance varies. Those are Halal food, prayer facilities, Ramadan services, water-friendly washrooms, no non-Halal activities, recreational facilities, and privacy (Mastercard-Crescent Rating, 2018). Muslim travelers are not homogeneous in their adherence to faith-based needs. To cater to these needs from a services and facilities perspective, service providers can look at grouping these needs into "Need to have," "Good to have," and "Nice to have." The spa is one of the private facilities and services that foreign tourists seek when traveling. The service indicators for Muslim tourists weigh 45%, and one of those services is the spa (Mastercard-Crescent Rating, 2018).

There are several arguments for researching the Halal spa as a requirement for Muslim travelers, but the main reason is lack of information. The National Sharia Board –

Indonesian Council of Ulama has five regulations governing spas: (1) no pornography or pornographic activities; (2) protections for tourist privacy; (3) halal cosmetics; (4) No non-halal services; and (5) prayer facilities (The National Sharia Board – Indonesian Council of Ulama, 2016). GMTI included the halal spa among the "Nice to Have" components to spoil Muslim travelers. Furthermore, Halal spa criteria have not been studied further (Global Muslim Travel Index, 2019). The Shariah-compliant spa, formulated by Siti Farah, was more concerned with halal products, spa room structure, Muslim therapy, and not offering some forbidden practices (Halim and Hatta, 2018). Tawat (2019)'s study of Halal wellness spa services in Thailand specified seven criteria: Wellness of spa manager; Therapist; Spa services; Spa products, Equipment/Accessories; Services; and Safety. In contrast, this study will inspect Halal spas from an Islamic law perspective to specify Islamic Halal spa criteria and spa levels according to Islamic concepts.

As Halal tourism developed in Indonesia, several Halal spa venues began to emerge and develop. However, Most Muslim tourists cannot enjoy Halal spas since most spa houses are still conventional, even in reputable Indonesian hotels. Therefore, it is necessary to incorporate Halal spa components, including those aspects of service and facility related to the Complementary Needs of Muslim tourists (Fahham, 2017).

The halal spa is a new issue in the tourism field. This study is an effort to socialize the spa concept following Islamic perspectives. We invite academics and tourism practitioners to participate in the project by producing reliable resources in the field of Halal spa in the near future. Specifically, this study aims to describe Muslim tourists' spa facilities and review Islamic law concerning body spa services.

Literature Review

Spa: Indonesian Experience

According to Indonesian Law Number 10 in 2009 concerning Tourism, a spa business provides services with a combination of water therapy, aromatherapy, massage, herbs, healthy food and beverage services, and physical activity. It is useful to relax the soul and body by referring to the local tradition and culture. Spa services provide body relaxation to get a balanced body, mind, and spirit. The spa relies on natural sources of mineral water and hot water (thermal therapy) as well as other elements, such as aromatherapy, massage, herbal ingredients, and a soothing atmosphere that includes music and soft room colors (The Ministry of Trade of The Republic of Indonesia, 2009). Indonesian Spas are also well-known

for aromatherapy, the art of caring for the body, mind, and soul with each essential oil (Ali et al., 2015).

The spa is a holistic health service that combines traditional and modern health care. According to the treatment goals, Spa services are categorized as Wellness or Health spas that provide health maintenance and preventive services that focus on relaxation and rejuvenation. Medical spas provide services covering health improvement, maintenance, and prevention by prioritizing recovery, also called revitalization-rehabilitation (Trihas and Konstantarou, 2016). In terms of facilities, there are six spa categories: (1) Day/salon spas; (2) Destination spas and health resorts; (3) Hotel/resort spas; (4) Thermal/mineral springs spas; (5) Medical spas; and (6) Other spas (Global Wellness Institute, 2017). The Ministry of Health of the Republic of Indonesia divides spas based on the treatment into three categories, (1) Medical Spa; (2) Wellness Spa; and (3) Health Spa (The Ministry of Health of the Republic of Indonesia, 2014). There are three categories, as follows:

Table 1. The Category of Spa

Category	Approach	Treatment Goal	Opportunities
Medical Spa	Curative	Rehabilitation	Halal Medical Spa
Wellness Spa	Preventive	Revitalization	Halal Wellness Spa
		Rejuvenation	
Health Spa	Preventive	Relaxation	Halal Wellness Spa

Therefore, several important components in spa are as follow:

- 1. Water therapy or hydrotherapy uses water and several natural ingredients from plants, minerals, essential oils, salt, milk, mud, and scrubs for body healthcare by regulating temperature, pressure, current, moisture, and water content.
- 2. Massage is body care or treatment technique of massaging muscles using limb movements (e.g., hands, fingers, elbows, and feet) or other assistive tools that are soft to the skin, muscles, and nerves. The massage stimulates blood and lymph circulation.
- 3. Aromatherapy is a body care technique using efficacious essential oils. The oils can be used by inhaling, compressing, or applying to the skin. Such efforts can be more effective if accompanied by massage. The ingredients are active substances taken

- from aromatic plant extracts such as flowers, leaves, roots, stems, and fruit seeds.
- They have stimulation or relaxation effects.
- 165 4. Relaxation is an effort to reduce fatigue and tension, both physically and mentally.
- 166 5. Rejuvenation is an effort to rejuvenate the body to reveal more beautiful looks.
- 167 6. Revitalization is an effort to empower the function of organs to be more healthy.
- 168 7. A spa therapist is a person who has a defined competence level of providing spa 169 services and is licensed to carry out his profession.

Each spa venue offers at least seven specific concepts and services (The Ministry of Health of the Republic of Indonesia, 2014). The elements involve massage techniques, cosmetics/ingredients used, the therapist's appearance and skills, the spa's spatial design, linens and equipment, music, and aromatherapy. Currently, various spa concepts with ethnic nuances are being developed, such as Javanese, Balinese, Madurese, Middle Eastern, and Sundanese. In the spa house with a Javanese concept, for instance, and all of the spa's decor, interior, exterior, music, material, aroma, linens, furniture, cosmetics, and clothing reflect the distinctive Javanese culture. There is also a spa featuring a blend of two cultures, such as a Javanese spa at the Inna Beach Bali hotel that combines Balinese and Javanese cultures (Yuswati, 2018). The spa is a type of service that is full of cultural and ethnic nuances and traditions. Many spas developed in the country should help preserve Indonesian traditions.

Any spa service should be offered in a clean, comfortable, safe, and healthy environment based on cultural and moral norms. Several important aspects include the lighting, color, sound, aroma, temperature, and treatment room (The ASEAN Secretariat, 2016). These aspects are essential because customers are bio-psycho-sociocultural and religious beings who want comprehensive and complete services to achieve optimal health. Whatever spa concept is carried out provides a broad opportunity to integrate Islamic values (Faidah, 2017). Thus, the Halal spa can have an ethnic concept by including several elements through offered services and facilities.

Islamic Concept of Spa

Islam provides guidance to its adherents to look clean, beautiful, and pleasant: "Verily Allah is beautiful and loves beauty" (Agus et al., 2018). In a vertical interaction with Allah, Muslims are required to clean themselves from the *Hadath Akbar* (major ritual impurity such as nocturnal orgasm, menstruation/hayd, sexual intercourse, etc.) by doing "ghusl *al-Janaba*" (the mandatory major or full-body ritual purification with water before performing various

rituals) and from *Hadath Asghar* (minor ritual impurity that invalidates *wudu* or a state occurs for one as a result of invalidation of *wudu* such as defecation, farting, urination, deep sleep, etc.) by *wudu* (the minor of ritual purification or ablution with water) (Kiani and Saeidi, 2015). Moreover, there is also a recommendation to wear beautiful clothes while praying, as mentioned in the Holy Quran, Al-A'raf 31: "Wear your beautiful clothes every time you enter the mosque." (Quran, 2019). In the context of the relationship with Allah, a Muslim is commanded to be fresh, clean, and purified. Likewise, they need to do the same thing in the context of interaction with humans. The Prophet Muhammad SAW once said to his companions when they wanted to come to their brother; he said: "Cleanliness is half of faith," as Narrated by Shahih and Muslim: 223 (Bukhari and Muslim, 2020).

The *Hadith* also provides a clear depiction a Muslim's profile. Both inner and outer beauty are Islamic teachings; therefore, one's outer appearance is as important as the inner appearance. Rasulullah SAW has declared that an inappropriate appearance or clothing is haram or against Islam. Islam asks Muslims always to look good. Thus, a Muslim must show his Islamic identity by how he looks, including cleanliness, purity, and beauty. The balance between a good appearance of the body and mind is the guidance of Islam.

Islam introduces five dispositions in terms of body care depicted in the *Sunnah*, including removing armpit hair and shaving pubic hair. As a Muslim, maintaining cleanliness and beauty are highly recommended. Therefore, a Muslim should not leave the *Sunnah* for more than 40 days. The *Hadith* states that "Five things included in *fitrah* (purity) involve shaving pubic hair, circumcision, thinning mustache, removing the armpit hair, and cutting nails." (Narrated by Bukhari Muslim) (Al-Munajjid, 2014). Islam also recommends maintaining oral hygiene by cleaning the teeth using a *siwak* or toothbrush. Toothbrushing is recommended in every circumstance, and it is emphasized when performing the *wudu*, praying, reading the Qur'an, entering the house, and waking up at night to do a midnight prayer. Rasulullah SAW said, "If it is not burdensome to my people, surely I will order them to do toothbrushing every time they will pray." (Depth et al., 2019). Also, a Muslim should protect her/his mouth from unpleasant odors. "Whoever eats shallots and garlic and chives, then do not approach our mosque." (Muslim, 2011). The unpleasant smell disturbs angels and people who are in the mosque by distracting them from prayer. Henceforth, a Muslim woman should also maintain clean breath.

Islamic spa concepts can be elaborated upon from the Maqasid Shariah perspective. In the context of Islamic law, it can refer to the purposes of the Islamic faith. The objective of Shariah is to promote the well-being of all mankind (Anas et al., 2016). It is necessary to

Table 2. The Five Objectives of Shariah

Objectives	Description	
Preservation of Religion	The preservation and protection of religion under all	
	circumstances or conditions.	
	Example: Jihad (defending Islam if it is attacked by the	
	enemies).	
Preservation of Life	The preservation and protection of life under all	
	conditions. Example: to protect life is enacting a severe	
	punishment for those who kill another (qisas) and	
	abortion is prohibited, the order or healthy life, etc.	
Preservation of Intellectual	The preservation and protection of the intellect and	
	mind under all conditions.	
	Example: The prohibition of liquor consumption or	
	harmful substances that will affect the damage of the	
	brain.	
Preservation of Lineage	The preservation and protection of descendants and	
	family honor under all conditions.	
	Example: The prohibition of committing adultery or	
	other immoral behaviors.	
Preservation of Property	The preservation and protection of property under all	
	conditions.	
	Example: Distribution of wealth fairly through Zakat (The	
	Religious obligation for all Muslims who meet the	
	necessary criteria of wealth) or infaq (giving some	
	possession or income).	

(Dar alifta al-Misriyyah, 2020).

Muslim scholars have classified the objectives of Shariah into three categories, in descending order of importance (Kamali, 1999):

Table 3. The Categories in Descending Order

Categories	Description	
Daruriyyat (Basic Necessities)	Primary needs. Essential elements for human life. The	
	absence of these elements may cause destruction and	
	damage.	
	Examples: Spas for healing diseases.	
Hajiyyat	Secondary needs. The lack of any of these needs is	
(Complementary Needs)	not a matter of life and death. Its existence is needed	
	to provide convenience and eliminate difficulties.	
	Examples: Wellness Spa	
Tahsiniyyat (Embellishment)	Tertiary needs. All the needs to comfort and ease life	
	and offer more spacious and luxuries.	
	Examples: Health Spa.	

The differences between *Daruriyyat*, *Hajiyyat*, and *Tahsiniyyat* are their influences on human existence. The spa fulfills the objectives of Shariah, including *Hifd al-Nafs* (Preservation of Life) and *Hifd al-Aql* (Preservation of Intellect) by maintaining, improving, and restoring health in terms of freshness and beauty and achieving a balance between body, mind, and soul (spirit) for optimal health conditions. According to the circumstances, judging from the three categories, the spa moves from Daruriyyat, Tahsiniyyat, and Hajiyyat. The implication of the theory is the formula for spa facilities is based on the level of need.

Methodology

Research Design

This study was a descriptive qualitative approach. This descriptive study aimed to make a systematic, factual, and accurate description concerning traits and relationships between the investigated phenomena. The qualitative descriptive approach was used to review the spa concept in Islamic law and traveler needs.

This research was conducted in June 2016 - May 2017 in three cities in East Java, Indonesia, namely Surabaya, Tuban, and Malang. There were seven parameters of spas, including (1) Kayla Spa; (2) Aliya Spa; (3) Nayyara Spa; (4) Naura Spa; (5) House of Annisa; (6) Alfafa Spa and (7) Ida Salon. Observations focus on spa facilities (rooms, equipment, materials, cosmetics, layout, and infrastructure) and services. The informants

were 63 regular spa customers to find out consumers' needs for the Halal spa facility. The researchers interviewed 15 therapists, spa experts, and religious scholars to explore the industry's readiness in responding to customers' needs. Researchers also conducted a Focus Group Discussion (FGD) in the discussion room at the Faculty of Engineering, Universitas Negeri Surabaya. Religious scholars attended the FGD, which was led by a moderator and included seven participants. Table 4-6 lists the data collection materials.

Table 4. Interview Guidelines

Aspects	Questions	
Reasons to Choose Halal Spa	Why do you choose body treatments at the Halal spa?	
	Do you also do body treatments at a conventional spa?	
Spa Facilities	In terms of facilities, what distinguishes Halal spa and conventional spa?	
	What spa facilities do tourists need?	
	What space is needed so that consumers feel protected?	
	Do the Spa facilities fulfill your needs?	
	Are all ingredients/ cosmetics Halal?	
Spa Services	In terms of service, what distinguishes Halal spa and conventional spa?	
	What are your expectations of a therapist?	
Treatment Types	What type of treatment is preferred?	
	What is the purpose of visiting a spa (treatment, relaxation, entertainment)?	

Table 5. The Materials of FGD

Issues				Discussion
Halal Indone	Spa sia	Policy	in	Policy and support for the development of Halal spa in Indonesia Halal spa service standards in Indonesia Standardized Halal spa facilities in Indonesia

	An institution that is authorized to conduct Spa certification
Spa and Islamic Ethics	Limits on body care that are allowed and not
	The purpose of body care in Islam
Halal Spa and Tourism	Spa's position in supporting the tourism sector
Spa Facilities	Spa facilities needed by Muslim tourists

Table 6. The Checklist of Spa Facilities

Iabi	le 6. The Checklist of Spa Facilities
Types	Conditions
Spa Room	Consultation room, bath/jacuzzi room, sauna room, treatment room.
Treatment Room Furniture	Bed, material/ cosmetic display table, lockers, chairs
Lighting	Natural lighting, artificial lighting
Sound System	Relaxation music and communication system with clients
Air Conditioning	Air circulation, closed air circulation, aromatherapy
Color	Following the concept
	(natural, modern, semi-modern)
Concept of Spa Building	Interior, landscape (according to the spa concept; modern, semi-modern, traditional, natural)
Water System	Cold water, hot water, warm water, clean water, ice water, and drainage management
Fire Protection System	Fire alarm, fire extinguisher, building security system
Supporting Facilities	Cosmetic display room, cafe, and restaurant,
Additional Facilities	Lobby, waiting room, corridor, cleaning room, dressing room, toilet, parking lot.
Management Room	Chief and staff room, reception room, employee restroom
Equipment	Body steam, bath up, ear candle, treatment tools for women's sensitive part, aromatherapy furnace
Ingredients / Cosmetics	Scrub, massage cream, soap, cleanser, mask, cream scrub, body lotion

The data was processed by manually coding, compiling concepts based on coding results, creating categories, and obtaining analysis results. The obtained data were analyzed following the pattern of Miles and Huberman with four stages: (1) field data collection through FGD with owners, therapists, and religious experts about the concept of a spa. Also, the interviews with Muslim consumers and checklist documents to explore the spa facilities were needed, (2) data reduction covering a process of selecting, focusing, abstracting, transforming rough data in the direct field. At this stage, the interview results were interpreted as consumer needs and organized into three categories: primary facilities, secondary facilities, and tertiary facilities (3) data presentation was a series of information. At this stage, it was determined the relative importance of consumer needs and (4) conclusions drawn by reflecting on the results and processes (Miles et al., 2014). This study is limited to seven spas in East Java province and 85 informants.

Data Validity Test

The validity test used triangulation sources by checking the data obtained through several sources. The techniques were triangulated by matching the interview results with the document checklist. The sources were triangulated by matching explanations of therapists, owners, and religious experts about the spa concept.

Results

Legal Review of Body Spa

There are various spa services, such as hair styling, pedicure-manicure, body spa, and V-spa. This discussion focuses on body spa. Body spa is a series of body treatments consisting of several stages: (1) whole-body massage therapy to improve blood circulation and to give muscles relaxation; (2) body scrub to remove dead skin cells, smooth and clean the body, and eliminate the body odors; (3) body steam to open pores, remove toxins and facilitate blood circulation; (4) body mask to close the pores, lighten and tighten the skin; (5) body soak with flower water/ milk bath/ aromatherapy (The ASEAN Secretariat, 2016). The spa process usually takes up to two hours, including massaging, scrubbing, and then bathing, using refreshing herbs. Body areas treated during massage include back to buttocks, back

legs, front legs, hands, and chest. The comfort of a body spa ensures the clients might fall asleep while taking the chosen treatment. Therefore, the spa offers treatment, health, and pleasure.

Based on Islamic law, spa services contain two aspects: transaction elements and service operations. Based on the transaction elements, there is a provision that everything in *muamalah* (the commercial transactions between the parties) is allowed unless it is prohibited by the rules: "Al-Aslu fi al-Muamalat al-Ibahah, Illa an Yadulla al-Dalil ala Tahrimihi" (The original law in *muamalah* is permissible unless there is *dalil* (an argument) that forbids it) (National Sharia Board - Indonesian Council of Ulama, 2016). Islam does not prohibit a *Shara* ' contract if the contract adheres to the rules of *Shara* ' in general. For this reason, seven contract principles must be fulfilled in the Islamic economy, i.e., no *riba* (usury) practice, no fraud, no gambling, no harm, no injustice, no immorality, and no prohibition (Najeeb, 2014).

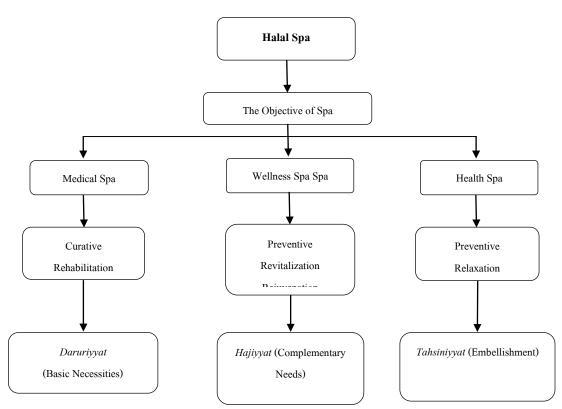
Transactions for using spa services are permitted as long as they do not violate any of the above seven contract principles. In the context of Islamic economics, spa services meet business transaction regulations. The transaction is about selling and buying services or benefits. The therapist's ability to massage and scrub is a useful skill; therefore, the therapist should be compensated. Moreover, body steam and flower bathing processes make clients enjoy the services and provide the *ujrah* (fee or the financial charge for using services). As a service business, the spa does not violate the law in a business context. The activities, including all the systems and management of spa services, had fulfilled the *ijarah* (the type of contract in Islamic transaction) contract (National Sharia Board - Indonesian Council of Ulama, 2016). However, a business would be legal if conducted according to the *Shara'* provisions, starting from the contract, the process, and the goals. The spa is not only economically beneficial but also contains *maslahah* (the best public benefit or interest) according to *Shara'*.

Regarding *Maqasid al-Shariah*, spa services provide benefits for "*Hifd al-'Aql*" (Preservation of Intellect) and "*Hifd al-Nafs*" (Preservation of Life) (Anas et al., 2016). Following *Hifd al-'Aql*, spa services can neutralize tension, break down the pressure of mind, reduce fatigue and boredom both physically and mentally with the relaxation offered. Regarding "*Hifd al-Nafs*," spa services can help rejuvenate the body and empower the function of healthy organs to obtain a more optimal health level. While reviewing the level of spa Complementary Needs, Islamic law could be categorized into three criteria (**Figure 1**): *Daruriyyat* (Basic Necessities), *Hajiyyat* (Complementary Needs) and *Tahsiniyyat* (Embellishment). To cope with *Daruriyyat* (Basic Necessities), the spa is the only treatment

technique such as healing pain in the pubic area that could only be treated with therapy. Hajiyyat (Complementary Needs) is described as the condition when the spa helps to optimize body organs' performance. Tahsiniyyat is the condition when the spa aims for beautifying the physical appearance. These three levels of Complementary Needs result in different spa's legal status. Differences in legal status also have an effect on the legal differences in operational services, as explained below:

- 1. Spa's operational services that passed the same-sex line. If the therapy is aimed at "Daruriyyat" (Basic Necessities) treatment, a therapist may see and touch the heavy genitals by following the rule of "al-Darurat Tubih al-mahzurat" (an emergency condition allowing normally prohibited things). However, if the spa had the dimensions of Hajiyyat (Complementary Needs) and Tahsiniyyat (Embellishment), then the limit of the female's naked body must not be seen and touched, whereas the other body parts could be seen and touched.
- 2. The touch that occurred between the therapist and the clients should still be within the bounds of professionalism. On the contrary, the touch wrapped in lust violates one of the seven transaction principles: no infidelity.
- 3. The occurrence of *ikhtilat* (mingling) between men and women. Spa services, according to Islam, only provide opportunities for therapists and those treated equally. Mixing treatment (for men and women) should not occur, either from the side of the spa room or the therapist.
- 4. Food, drinks, and cosmetics provided in the spa series must be guaranteed halal products.

The Halal spa framework is presented in the following scheme.



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374Halal Spa Facilities

- Based on the interview results with spa consumers, and the checklist document related to spa facilities needed, the elements of spa facilities required by Muslim consumers can be presented as follows:
- 1. The lobby area is a terrace room near the entrance. It usually has various tables and chairs like a waiting room. The lobby should have Islamic reading materials such as magazines, tabloids, or books.
- 2. The front office needs to be equipped with written information explaining (1) this spa is a
 Halal spa; (2) types of spa services; (3) the price of each service; and (4) the type of
 cosmetics used. Cosmetics/ ingredients with the official halal logo or made from herbs
 needs to be displayed in the room.
- 385 3. A clean toilet is another important thing. The toilet should be well-maintained and separated between men and women toilets, of which each toilet should be equipped with practical tools for washing.
- 4. The place of prayer needs to be equipped with (1) clean and well-maintained prayer equipment, (2) *Qibla* directions, (3) a clean and well-maintained prayer room, (4) good air circulation with air cooler or fan, (5) bright lighting, (6) place for *wudhu* with a clean and well-maintained condition, (7) the prayer time schedule; and (7) clean water installation for washing.
- 5. Interior and ornaments do not lead to polytheism and pornography.
- 6. The spa room has the following elements and criteria; (1) the room for customers is neatly 394 arranged, clean, well-maintained, and comfortable (2) changeable lighting; (3) halal 395 therapeutic ingredients; (4) good air circulation with cooling air or fans; (5) complete 396 397 lenna (kimono, spa wardrobe, towel, washcloth, and slippers) which are clean and free of germs and maintained according to general health regulations; (6) dressing room with 398 guaranteed privacy; (7) well-maintained, neatly arranged, safe, and clean spa equipment; 399 (9) neatly arranged furniture with the principles of safe, comfortable, and efficient; (10) 400 401 bathtubs must be clean, well-maintained, and guaranteed customer's privacy; (11) wellmaintained trash cans following general health principles; (12) first aid equipment; and 402 (13) locker where customer's belongings are stored. 403
- 7. Therapist room must be appropriate for taking a rest and self-preparation.
- 405 8. Music is not in a porn nuance.

- 9. Bathtubs are used personally. If the bathtubs are used together, each client must use a cloth.
- 408 10. The rinse room is used personally by each spa customer to rinse their body after treatment.
- 410 11. Washing sink is equipped with cleansing soap and antiseptic, including adequate clean water.
- 412 12. Locker is to leave customers' personal belongings during the spa treatment.
- 413 13. The eating and drinking area is needed for eating and drinking after the treatment.
- 14. Lighting control should be considered appropriate by setting the amount of irradiation according to the type of treatments.
 - The critical point in spa facilities only provides a conventional spa. Spas must provide space for two clients of different sexes, such as men and women. A single space is not allowed because the spa room would no longer be a private space due to the presence of two non-*mahram* sexes.
 - In addition to space, the second critical point is the use of bathtubs together at one time. If the bathtubs are simultaneously used, customers need to wear an available treatment wardrobe. Meanwhile, men and women sharing a bath is not permitted for any reason.
 - The third critical point is ornament and interior space. The spa is equipped with a place of worship completed with offerings and burned incenses in some places. Also, there are paintings or pictures in the room depicted a woman's naked body. The Halal spa must be free from elements that might lead to polytheism and pornography (Yaman et al., 2012).
 - The fourth critical point is gathering men and women during the treatment process. In the Halal spa, male clients are treated by male therapists, while female therapists treat female clients in accordance with professionalism and ethics. Spa services for men should be separate from those for women (Othman et al., 2015).
- As an effort to ensure whether spa treatments do not conflict with Islamic values, a minimum standard of the spa must be first established, including (Al-Hasan, 2017):
- 1. Separate treatment rooms for men and women.

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- 2. Mind and physical therapy do not lead to Sharia violations or lead to shirking.
- 3. Male therapists are only for male clients, while female therapists are for female clients.
- 4. Some facilities would be convenient for the customers to pray.
- 5. Cosmetics used are supported by official halal logo products.

Based on the BPS survey results, there were 81.55% of spa businesses in Indonesia providing music facilities, 60.52% provided soaking tubs, 95.39% provided clean toilets, and 68.04% provided lockers or luggage storage (Widoyono, 2015).

Crescent Rating provides standards and awards to the Halal spa business by giving two ratings, namely: "A" rating and "AA" rating. A spa with an "A" rating adheres to Islamic criteria and provides a satisfying spa service for Muslim tourists. The spa with an "AA" rating is designed specifically for Muslims. One of the main elements of ranking is the level of privacy offered by the spa. Crescent Rating requires separate areas for men and women. A spa with "AA" rating provides a separate area, while the "A" rating provides separate times for men and women (Widoyono, 2015). Second, the therapist has professional qualifications and a competency certificate. A female employee serves a spa for women while the male employee is in the male department. The clothing worn should be in accordance with Islamic rules. Third, spa businesses must be registered with local authorities and obtain licenses from local authorities to run the business. Fourth, the products used are halal certified or herbal products. Finally, the spa informs Muslim customers that the spa is in accordance with Islamic requirements and is visitable.

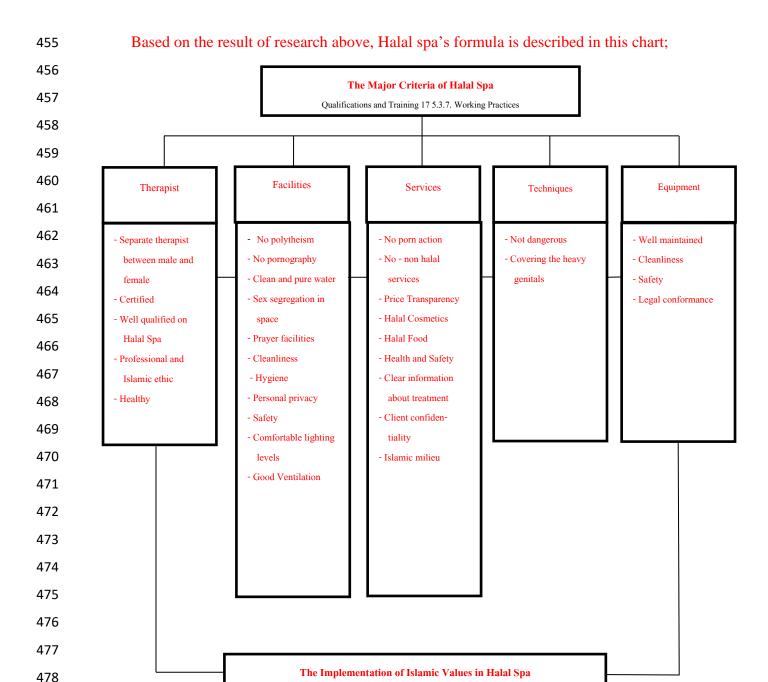


Figure 2. The Formula of Halal Spa.

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Related to this research, Naura, as a Halal spa industry agent, states: "I really hope there are some standards for spa service and facilities according to Islam. There are no clear references. It makes me doubt about halal and haram. These findings are very useful."

Conclusion

This study's findings can be used to develop Halal spas based on Islamic values. Spa services had fulfilled the principles of sharia business transactions that covered selling and buying services or benefits. The business must comply with the provisions of the Shara' and the sale contract for the sake of maslahah. Following Magasid al-Shariah (the objectives of Islamic law), spa services provide benefits for "Hifd al-'Agl" (Preservation of Intellect) and "Hifd al-Nafs" (Preservation of Life). The levels of spa Complementary Needs could be categorized into three criteria, namely Daruriyyat (Basic Necessities), Hajiyyat (Complementary Needs), and Tahsiniyyat (Embellishment). There are 14 elements of spa facilities. The critical point in such facilities that often occurred is that the spa room is no longer private if male and female customers could be in the same room. The second critical point if both sexes use bathing facilities at the same time. The third critical point is related to the ornament and interior because Halal spas should be free from polytheism and pornography elements. The last critical point is about the presence of a mixing area for men and women. Hopefully, this research can be followed by measuring the level of readiness and willingness of conventional spas to provide services and facilities according to the Halal spa concept.

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Exploring Muslim Tourist Complementary Needs on Halal Spa Facilities to Support Indonesia's Sharia Tourism

Abstract: This study aims to review Islamic law on body spa services and describe the spa facilities Muslim tourists need. This descriptive qualitative study consists of spa consumers, owners, therapists, and religious leaders. The data were collected using interviews, focus group discussions, and observation. This study was analyzed by Maqasid al-Shariah (the objectives of Islamic law) and the Classification of Benefits based on Shariah theory. The results showed that the process and purpose of spas should be for the sake of maslahah (Public interest). Based on Maqasid al-Shariah (the objectives of Islamic law), spa services benefit the "Hifd al-'Aql" (Preservation of intellect) and "Hifd al-Nafs" (Preservation of life). There were three levels of Complementary Needs for spas, categorized into Daruriyyat (Basic Necessities), Hajiyyat (Complementary Needs), and Tahsiniyyat (embellishment), while the spa facilities comprise 14 elements.

Keywords: Body; Halal spa; *Maqasid al-Shariah*, Muslim; Travel.

Introduction

Halal is not only a brand but also a lifestyle that gives additional value to consumers. Along with high economic growth, traveling becomes a fundamental need or even a lifestyle for some people. The great potential of the Muslim world market also influences the development of halal tourism. In several countries, halal tourism uses several terms, such as Islamic Tourism, Sharia tourism, Halal Friendly Tourism Destinations, Halal Travel, Muslim-Friendly Travel Destinations, and Halal lifestyle. Halal or Islamic tourism is defined as tourism and hospitality created by consumers and producers following Islamic values (El-Gohary, 2016). According to this definition, Sharia tourism includes all tourism types that do not conflict with Islamic values and enable Muslim tourists to meet their needs.

Halal tourism remains limited for Muslims and has not yet been accepted globally. Therefore, the UAE has made a breakthrough by integrating Muslim and non-Muslim tourists to visit and enjoy halal tourism. Moreover, halal tourism into a global product and accepted by everyone. The UAE is transitioning from an oil and natural resources economy to an economy based on industry, services, and tourism (Al-Hammadi et al., 2019). In the second quarter of 2019, Dubai introduced a new Islamic tourism destination named Quranic Park, established to

educate tourists about Islamic culture. Dubai's Quranic Park is on TIME Magazine's World's Greatest Places list (Saundalkar, 2019).

The Mastercard-Crescent Rating assessment ranked Indonesia and Malaysia as the best halal tourism destinations in 2019. The assessment was based on four criteria: access, communication, environment, and service (Mastercard-Crescent Rating, 2019). Resorts and hotels provide spas; there are also many public spas. It is one of 13 fields of the Indonesian tourism industry (The Ministry of Tourism and Creative Industry of the Republic of Indonesia, 2009).

A spa is a place for body care or treatment through various services, including facials, hair treatments, and body care. "Spa" comes from the Latin phrase *Solus Per Aqua*, which means treatment using water. In Indonesia, the spa is well-known as *Tirta Husada* (Yurcu, 2017). It is also the name of a small city in Belgium with an efficacious mineral water source for body treatment and health. In ancient Egyptian civilization, royalty such as Cleopatra habitually bathed in water full of flowers, herbs, and milk, as indicated by Cleopatra's bathing artifacts (Bender et al., 2005). In Europe, the spa is usually associated with treatment using mineral water from natural spring sources. In Turkey, the centers and treatments as known as Turkish Baths, while in Germany, they are called "*Kurhaus*" (Gay, 1987).

The halal spa is now developing along with Muslims' halal lifestyle and their increasing welfare. The halal spa one of the Complementary Needs of Muslim consumers for rejuvenating their bodies. The spa has become one of the four pillars of halal-tourism product development besides hotels, restaurants, and travel agencies (Tawat, 2019). As reported by The Global Wellness Economy Monitor (GWEN) in 2015, the spa industry reached US\$99 billion, with 121.595 spas operating in the world, earning US\$77.6 billion in revenue and employing more than 2.1 million workers (Global Wellness Institute, 2017). GWEN reported that Indonesia ranked 17 of the Top 20 Spa Markets in 2015, with 2,070 spa facilities, 60,682 spa employees, and US\$0.92 billion in revenue (Global Wellness Institute, 2017; Kurniawan, 2018).

The Spa Business Survey, conducted in April 2015, shows that Bali Province had the highest number of spa businesses in Indonesia, with 34.82%, followed by DKI Jakarta Province with 29.04%. The other spa businesses are in West Java province (7.63%), East Java province (5.18%), and D.I Yogyakarta (4.56%), while the rest (2%) are in other provinces (Widoyono, 2015). The data indicates that the spa business is still dominated by the provinces or regions that become the main destination for foreign tourists.

Based on the 2019 Global Muslim Travel Index (GMTI), the total number of Muslim world tourists reached 140 million in 2018 (Mastercard-Crescent Rating, 2019). In 2017, there

were about 131 million Muslim visitors globally – increasing significantly from 121 million in 2016 – and it is estimated to continue growing up to 156 million visitors by 2020 representing 10% of the travel segment. The Muslim travel market is on course to continue its fast-paced growth to reach US\$220 billion by 2020 and could reach US\$300 billion by 2026 (Mastercard-Crescent Rating, 2018).

During 2017, the number of foreign tourists visiting Indonesia has reached 14.04 million, a 21.88% increase over the previous year, about 11.52 million (Statistics Indonesia, 2018). In 2019, the number of international tourist arrivals was 16,11 million, and generating revenues of US\$ 17.6 million (Statistics Indonesia, 2020). An estimated 5% of travelers are Muslim, each spending between US\$2000-2500. The general tourist spends only around US\$1100. The growth of Indonesia's halal tourism is the most significant in the world, about 42%. Large expenses on five-star hotel accommodations are an opportunity to pamper tourists with halal spa services (Sofyan, 2019).

The halal market's popularity requires tourism business managers to offer and improve suitable services for Muslim tourists' Complementary Needs, including spa services. Muslim travelers have six faith-based needs. While most Muslim travelers adhere to some of these needs, their level of importance varies. Those are Halal food, prayer facilities, Ramadan services, water-friendly washrooms, no non-Halal activities, recreational facilities, and privacy (Mastercard-Crescent Rating, 2018). Muslim travelers are not homogeneous in their adherence to faith-based needs. To cater to these needs from a services and facilities perspective, service providers can look at grouping these needs into "Need to have," "Good to have," and "Nice to have." The spa is one of the private facilities and services that foreign tourists seek when traveling. The service indicators for Muslim tourists weigh 45%, and one of those services is the spa (Mastercard-Crescent Rating, 2018).

There are several arguments for researching the Halal spa as a requirement for Muslim travelers, but the main reason is lack of information. The National Sharia Board – Indonesian Council of Ulama has five regulations governing spas: (1) no pornography or pornographic activities; (2) protections for tourist privacy; (3) halal cosmetics; (4) No non-halal services; and (5) prayer facilities (The National Sharia Board – Indonesian Council of Ulama, 2016). GMTI included the halal spa among the "Nice to Have" components to spoil Muslim travelers. Furthermore, Halal spa criteria have not been studied further (Global Muslim Travel Index, 2019). The Shariah-compliant spa, formulated by Siti Farah, was more concerned with halal products, spa room structure, Muslim therapy, and not offering some forbidden practices (Halim and Hatta, 2018). Tawat (2019)'s study of Halal wellness spa services in Thailand

specified seven criteria: Wellness of spa manager; Therapist; Spa services; Spa products, Equipment/Accessories; Services; and Safety. In contrast, this study will inspect Halal spas from an Islamic law perspective to specify Islamic Halal spa criteria and spa levels according to Islamic concepts.

As Halal tourism developed in Indonesia, several Halal spa venues began to emerge and develop. However, Most Muslim tourists cannot enjoy Halal spas since most spa houses are still conventional, even in reputable Indonesian hotels. Therefore, it is necessary to incorporate Halal spa components, including those aspects of service and facility related to the Complementary Needs of Muslim tourists (Fahham, 2017).

The halal spa is a new issue in the tourism field. This study is an effort to socialize the spa concept following Islamic perspectives. We invite academics and tourism practitioners to participate in the project by producing reliable resources in the field of Halal spa in the near future. Specifically, this study aims to describe Muslim tourists' spa facilities and review Islamic law concerning body spa services.

Literature Review

Spa: Indonesian Experience

According to Indonesian Law Number 10 in 2009 concerning Tourism, a spa business provides services with a combination of water therapy, aromatherapy, massage, herbs, healthy food and beverage services, and physical activity. It is useful to relax the soul and body by referring to the local tradition and culture. Spa services provide body relaxation to get a balanced body, mind, and spirit. The spa relies on natural sources of mineral water and hot water (thermal therapy) as well as other elements, such as aromatherapy, massage, herbal ingredients, and a soothing atmosphere that includes music and soft room colors (The Ministry of Trade of The Republic of Indonesia, 2009). Indonesian Spas are also well-known for aromatherapy, the art of caring for the body, mind, and soul with each essential oil (Ali et al., 2015).

The spa is a holistic health service that combines traditional and modern health care. According to the treatment goals, Spa services are categorized as Wellness or Health spas that provide health maintenance and preventive services that focus on relaxation and rejuvenation. Medical spas provide services covering health improvement, maintenance, and prevention by prioritizing recovery, also called revitalization-rehabilitation (Trihas and Konstantarou, 2016).

In terms of facilities, there are six spa categories: (1) Day/salon spas; (2) Destination spas and health resorts; (3) Hotel/resort spas; (4) Thermal/mineral springs spas; (5) Medical spas; and (6) Other spas (Global Wellness Institute, 2017). The Ministry of Health of the Republic of Indonesia divides spas based on the treatment into three categories, (1) Medical Spa; (2) Wellness Spa; and (3) Health Spa (The Ministry of Health of the Republic of Indonesia, 2014). There are three categories, as follows:

Table 1. The Category of Spa

Category	Approach	Treatment Goal	Opportunities
Medical Spa	Curative	Rehabilitation	Halal Medical Spa
Wellness Spa	Preventive	Revitalization	Halal Wellness Spa
		Rejuvenation	
Health Spa	Preventive	Relaxation	Halal Wellness Spa

Therefore, several important components in spa are as follow:

- 1. Water therapy or hydrotherapy uses water and several natural ingredients from plants, minerals, essential oils, salt, milk, mud, and scrubs for body healthcare by regulating temperature, pressure, current, moisture, and water content.
- 2. Massage is body care or treatment technique of massaging muscles using limb movements (e.g., hands, fingers, elbows, and feet) or other assistive tools that are soft to the skin, muscles, and nerves. The massage stimulates blood and lymph circulation.
- 3. Aromatherapy is a body care technique using efficacious essential oils. The oils can be used by inhaling, compressing, or applying to the skin. Such efforts can be more effective if accompanied by massage. The ingredients are active substances taken from aromatic plant extracts such as flowers, leaves, roots, stems, and fruit seeds. They have stimulation or relaxation effects.
- 4. Relaxation is an effort to reduce fatigue and tension, both physically and mentally.
- 5. Rejuvenation is an effort to rejuvenate the body to reveal more beautiful looks.
- 6. Revitalization is an effort to empower the function of organs to be more healthy.
- 7. A spa therapist is a person who has a defined competence level of providing spa services and is licensed to carry out his profession.

Each spa venue offers at least seven specific concepts and services (The Ministry of Health of the Republic of Indonesia, 2014). The elements involve massage techniques, cosmetics/ingredients used, the therapist's appearance and skills, the spa's spatial design, linens and equipment, music, and aromatherapy. Currently, various spa concepts with ethnic nuances are being developed, such as Javanese, Balinese, Madurese, Middle Eastern, and Sundanese. In the spa house with a Javanese concept, for instance, and all of the spa's decor, interior, exterior, music, material, aroma, linens, furniture, cosmetics, and clothing reflect the distinctive Javanese culture. There is also a spa featuring a blend of two cultures, such as a Javanese spa at the Inna Beach Bali hotel that combines Balinese and Javanese cultures (Yuswati, 2018). The spa is a type of service that is full of cultural and ethnic nuances and traditions. Many spas developed in the country should help preserve Indonesian traditions.

Any spa service should be offered in a clean, comfortable, safe, and healthy environment based on cultural and moral norms. Several important aspects include the lighting, color, sound, aroma, temperature, and treatment room (The ASEAN Secretariat, 2016). These aspects are essential because customers are bio-psycho-sociocultural and religious beings who want comprehensive and complete services to achieve optimal health. Whatever spa concept is carried out provides a broad opportunity to integrate Islamic values (Faidah, 2017). Thus, the Halal spa can have an ethnic concept by including several elements through offered services and facilities.

Islamic Concept of Spa

Islam provides guidance to its adherents to look clean, beautiful, and pleasant: "Verily Allah is beautiful and loves beauty" (Agus et al., 2018). In a vertical interaction with Allah, Muslims are required to clean themselves from the *Hadath Akbar* (major ritual impurity such as nocturnal orgasm, menstruation/hayd, sexual intercourse, etc.) by doing "ghusl *al-Janaba*" (the mandatory major or full-body ritual purification with water before performing various rituals) and from *Hadath Asghar* (minor ritual impurity that invalidates *wudu* or a state occurs for one as a result of invalidation of *wudu* such as defecation, farting, urination, deep sleep, etc.) by *wudu* (the minor of ritual purification or ablution with water) (Kiani and Saeidi, 2015). Moreover, there is also a recommendation to wear beautiful clothes while praying, as mentioned in the Holy Quran, Al-A'raf 31: "Wear your beautiful clothes every time you enter the mosque." (Quran, 2019). In the context of the relationship with Allah, a Muslim is commanded to be fresh, clean, and purified. Likewise, they need to do the same thing in the

context of interaction with humans. The Prophet Muhammad SAW once said to his companions when they wanted to come to their brother; he said: "Cleanliness is half of faith," as Narrated by Shahih and Muslim: 223 (Bukhari and Muslim, 2020).

The *Hadith* also provides a clear depiction a Muslim's profile. Both inner and outer beauty are Islamic teachings; therefore, one's outer appearance is as important as the inner appearance. Rasulullah SAW has declared that an inappropriate appearance or clothing is haram or against Islam. Islam asks Muslims always to look good. Thus, a Muslim must show his Islamic identity by how he looks, including cleanliness, purity, and beauty. The balance between a good appearance of the body and mind is the guidance of Islam.

Islam introduces five dispositions in terms of body care depicted in the *Sunnah*, including removing armpit hair and shaving pubic hair. As a Muslim, maintaining cleanliness and beauty are highly recommended. Therefore, a Muslim should not leave the *Sunnah* for more than 40 days. The *Hadith* states that "Five things included in *fitrah* (purity) involve shaving pubic hair, circumcision, thinning mustache, removing the armpit hair, and cutting nails." (Narrated by Bukhari Muslim) (Al-Munajjid, 2014). Islam also recommends maintaining oral hygiene by cleaning the teeth using a *siwak* or toothbrush. Toothbrushing is recommended in every circumstance, and it is emphasized when performing the *wudu*, praying, reading the Qur'an, entering the house, and waking up at night to do a midnight prayer. Rasulullah SAW said, "If it is not burdensome to my people, surely I will order them to do toothbrushing every time they will pray." (Depth et al., 2019). Also, a Muslim should protect her/his mouth from unpleasant odors. "Whoever eats shallots and garlic and chives, then do not approach our mosque." (Muslim, 2011). The unpleasant smell disturbs angels and people who are in the mosque by distracting them from prayer. Henceforth, a Muslim woman should also maintain clean breath.

Islamic spa concepts can be elaborated upon from the Maqasid Shariah perspective. In the context of Islamic law, it can refer to the purposes of the Islamic faith. The objective of Shariah is to promote the well-being of all mankind (Anas et al., 2016). It is necessary to establish welfare in this world and the world hereafter to prevent *fasad* (chaos and disorder). There are five objectives, as follows:

Table 2. The Five Objectives of Shariah

Objectives Description	Objectives	Description	
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Preservation of Religion	The preservation and protection of religion under all
	circumstances or conditions.
	Example: Jihad (defending Islam if it is attacked by the
	enemies).
Preservation of Life	The preservation and protection of life under all
	conditions. Example: to protect life is enacting a severe
	punishment for those who kill another (qisas) and
	abortion is prohibited, the order or healthy life, etc.
Preservation of Intellectual	The preservation and protection of the intellect and mind
	under all conditions.
	Example: The prohibition of liquor consumption or
	harmful substances that will affect the damage of the
	brain.
Preservation of Lineage	The preservation and protection of descendants and
	family honor under all conditions.
	Example: The prohibition of committing adultery or
	other immoral behaviors.
Preservation of Property	The preservation and protection of property under all
	conditions.
	Example: Distribution of wealth fairly through Zakat (The
	Religious obligation for all Muslims who meet the necessary
	criteria of wealth) or infaq (giving some possession or
	income).

(Dar alifta al-Misriyyah, 2020).

Muslim scholars have classified the objectives of Shariah into three categories, in descending order of importance (Kamali, 1999):

Table 3. The Categories in Descending Order

Categories	Description
Daruriyyat (Basic Necessities)	Primary needs. Essential elements for human life. The
	absence of these elements may cause destruction and
	damage.
	Examples: Spas for healing diseases.

Hajiyyat	Secondary needs. The lack of any of these needs is not
(Complementary Needs)	a matter of life and death. Its existence is needed to
	provide convenience and eliminate difficulties.
	Examples: Wellness Spa
Tahsiniyyat (Embellishment)	Tertiary needs. All the needs to comfort and ease life
	and offer more spacious and luxuries.
	Examples: Health Spa.

The differences between *Daruriyyat, Hajiyyat*, and *Tahsiniyyat* are their influences on human existence. The spa fulfills the objectives of Shariah, including *Hifd al-Nafs* (Preservation of Life) and *Hifd al-Aql* (Preservation of Intellect) by maintaining, improving, and restoring health in terms of freshness and beauty and achieving a balance between body, mind, and soul (spirit) for optimal health conditions. According to the circumstances, judging from the three categories, the spa moves from Daruriyyat, Tahsiniyyat, and Hajiyyat. The implication of the theory is the formula for spa facilities is based on the level of need.

Methodology

Research Design

This study was a descriptive qualitative approach. This descriptive study aimed to make a systematic, factual, and accurate description concerning traits and relationships between the investigated phenomena. The qualitative descriptive approach was used to review the spa concept in Islamic law and traveler needs.

This research was conducted in June 2016 - May 2017 in three cities in East Java, Indonesia, namely Surabaya, Tuban, and Malang. There were seven parameters of spas, including (1) Kayla Spa; (2) Aliya Spa; (3) Nayyara Spa; (4) Naura Spa; (5) House of Annisa; (6) Alfafa Spa and (7) Ida Salon. Observations focus on spa facilities (rooms, equipment, materials, cosmetics, layout, and infrastructure) and services. The informants were 63 regular spa customers to find out consumers' needs for the Halal spa facility. The researchers interviewed 15 therapists, spa experts, and religious scholars to explore the industry's readiness in responding to customers' needs. Researchers also conducted a Focus Group Discussion (FGD) in the discussion room at the Faculty of Engineering, Universitas Negeri Surabaya. Religious scholars attended the FGD, which was led by a moderator and included seven participants. Table 4-6 lists the data collection materials.

Table 4. Interview Guidelines

Aspects	Questions
Reasons to Choose Halal Spa	Why do you choose body treatments at the Halal spa?
	Do you also do body treatments at a conventional spa?
Spa Facilities	In terms of facilities, what distinguishes Halal spa and conventional spa?
	What spa facilities do tourists need?
	What space is needed so that consumers feel protected?
	Do the Spa facilities fulfill your needs?
	Are all ingredients/ cosmetics Halal?
Spa Services	In terms of service, what distinguishes Halal spa and conventional spa?
	What are your expectations of a therapist?
Treatment Types	What type of treatment is preferred?
	What is the purpose of visiting a spa (treatment, relaxation, entertainment)?

Table 5. The Materials of FGD

Issues	Discussion
Halal Spa Policy in Indonesia	Policy and support for the development of Halal spa in Indonesia
	Halal spa service standards in Indonesia
	Standardized Halal spa facilities in Indonesia
	An institution that is authorized to conduct Spa certification
Spa and Islamic Ethics	Limits on body care that are allowed and not
	The purpose of body care in Islam
Halal Spa and Tourism	Spa's position in supporting the tourism sector
Spa Facilities	Spa facilities needed by Muslim tourists

Table 6. The Checklist of Spa Facilities

Types	Conditions	
Spa Room	Consultation room, bath/jacuzzi room, sauna room, treatment room.	
Treatment Room Furniture	Bed, material/ cosmetic display table, lockers, chairs	
Lighting	Natural lighting, artificial lighting	
Sound System	Relaxation music and communication system with clients	
Air Conditioning	Air circulation, closed air circulation, aromatherapy	
Color	Following the concept	
	(natural, modern, semi-modern)	
Concept of Spa Building	Interior, landscape (according to the spa concept; modern, semi-modern, traditional, natural)	
Water System	Cold water, hot water, warm water, clean water, ice water, and drainage management	
Fire Protection System	Fire alarm, fire extinguisher, building security system	
Supporting Facilities	Cosmetic display room, cafe, and restaurant,	
Additional Facilities	Lobby, waiting room, corridor, cleaning room, dressing room, toilet, parking lot.	
Management Room	Chief and staff room, reception room, employee restroom	
Equipment	Body steam, bath up, ear candle, treatment tools for women's sensitive part, aromatherapy furnace	
Ingredients / Cosmetics	Scrub, massage cream, soap, cleanser, mask, cream scrub, body lotion	
Clothes	Blanket, bed sheet, women's traditional cloth, loincloth, towel	

The data was processed by manually coding, compiling concepts based on coding results, creating categories, and obtaining analysis results. The obtained data were analyzed following the pattern of Miles and Huberman with four stages: (1) field data collection through

FGD with owners, therapists, and religious experts about the concept of a spa. Also, the interviews with Muslim consumers and checklist documents to explore the spa facilities were needed, (2) data reduction covering a process of selecting, focusing, abstracting, transforming rough data in the direct field. At this stage, the interview results were interpreted as consumer needs and organized into three categories: primary facilities, secondary facilities, and tertiary facilities (3) data presentation was a series of information. At this stage, it was determined the relative importance of consumer needs and (4) conclusions drawn by reflecting on the results and processes (Miles et al., 2014). This study is limited to seven spas in East Java province and 85 informants.

Data Validity Test

The validity test used triangulation sources by checking the data obtained through several sources. The techniques were triangulated by matching the interview results with the document checklist. The sources were triangulated by matching explanations of therapists, owners, and religious experts about the spa concept.

Results

Legal Review of Body Spa

There are various spa services, such as hair styling, pedicure-manicure, body spa, and V-spa. This discussion focuses on body spa. Body spa is a series of body treatments consisting of several stages: (1) whole-body massage therapy to improve blood circulation and to give muscles relaxation; (2) body scrub to remove dead skin cells, smooth and clean the body, and eliminate the body odors; (3) body steam to open pores, remove toxins and facilitate blood circulation; (4) body mask to close the pores, lighten and tighten the skin; (5) body soak with flower water/ milk bath/ aromatherapy (The ASEAN Secretariat, 2016). The spa process usually takes up to two hours, including massaging, scrubbing, and then bathing, using refreshing herbs. Body areas treated during massage include back to buttocks, back legs, front legs, hands, and chest. The comfort of a body spa ensures the clients might fall asleep while taking the chosen treatment. Therefore, the spa offers treatment, health, and pleasure.

Based on Islamic law, spa services contain two aspects: transaction elements and service operations. Based on the transaction elements, there is a provision that everything in *muamalah* (the commercial transactions between the parties) is allowed unless it is prohibited by the rules: "*Al-Aslu fi al-Muamalat al-Ibahah*, *Illa an Yadulla al-Dalil ala Tahrimihi*" (The original law in *muamalah* is permissible unless there is *dalil* (an argument) that forbids it)

(National Sharia Board - Indonesian Council of Ulama, 2016). Islam does not prohibit a *Shara*' contract if the contract adheres to the rules of *Shara*' in general. For this reason, seven contract principles must be fulfilled in the Islamic economy, i.e., no *riba* (usury) practice, no fraud, no gambling, no harm, no injustice, no immorality, and no prohibition (Najeeb, 2014).

Transactions for using spa services are permitted as long as they do not violate any of the above seven contract principles. In the context of Islamic economics, spa services meet business transaction regulations. The transaction is about selling and buying services or benefits. The therapist's ability to massage and scrub is a useful skill; therefore, the therapist should be compensated. Moreover, body steam and flower bathing processes make clients enjoy the services and provide the *ujrah* (fee or the financial charge for using services). As a service business, the spa does not violate the law in a business context. The activities, including all the systems and management of spa services, had fulfilled the *ijarah* (the type of contract in Islamic transaction) contract (National Sharia Board - Indonesian Council of Ulama, 2016). However, a business would be legal if conducted according to the *Shara* ' provisions, starting from the contract, the process, and the goals. The spa is not only economically beneficial but also contains *maslahah* (the best public benefit or interest) according to *Shara* '.

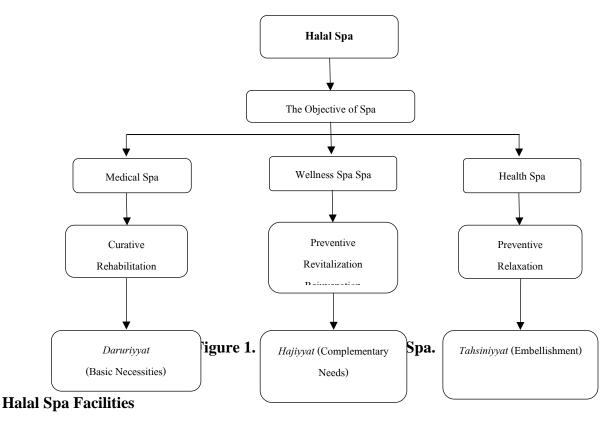
Regarding *Maqasid al-Shariah*, spa services provide benefits for "*Hifd al-'Aql*" (Preservation of Intellect) and "*Hifd al-Nafs*" (Preservation of Life) (Anas et al., 2016). Following *Hifd al-'Aql*, spa services can neutralize tension, break down the pressure of mind, reduce fatigue and boredom both physically and mentally with the relaxation offered. Regarding "*Hifd al-Nafs*," spa services can help rejuvenate the body and empower the function of healthy organs to obtain a more optimal health level. While reviewing the level of spa Complementary Needs, Islamic law could be categorized into three criteria (**Figure 1**): *Daruriyyat* (Basic Necessities), *Hajiyyat* (Complementary Needs) and *Tahsiniyyat* (Embellishment). To cope with *Daruriyyat* (Basic Necessities), the spa is the only treatment technique such as healing pain in the pubic area that could only be treated with therapy. *Hajiyyat* (Complementary Needs) is described as the condition when the spa helps to optimize body organs' performance. *Tahsiniyyat* is the condition when the spa aims for beautifying the physical appearance. These three levels of Complementary Needs result in different spa's legal status. Differences in legal status also have an effect on the legal differences in operational services, as explained below:

1. Spa's operational services that passed the same-sex line. If the therapy is aimed at "Daruriyyat" (Basic Necessities) treatment, a therapist may see and touch the heavy genitals by following the rule of "al-Darurat Tubih al-mahzurat" (an emergency condition allowing

normally prohibited things). However, if the spa had the dimensions of *Hajiyyat* (Complementary Needs) and *Tahsiniyyat* (Embellishment), then the limit of the female's naked body must not be seen and touched, whereas the other body parts could be seen and touched.

- 2. The touch that occurred between the therapist and the clients should still be within the bounds of professionalism. On the contrary, the touch wrapped in lust violates one of the seven transaction principles: no infidelity.
- 3. The occurrence of *ikhtilat* (mingling) between men and women. Spa services, according to Islam, only provide opportunities for therapists and those treated equally. Mixing treatment (for men and women) should not occur, either from the side of the spa room or the therapist.
- 4. Food, drinks, and cosmetics provided in the spa series must be guaranteed halal products.

 The Halal spa framework is presented in the following scheme.



Based on the interview results with spa consumers, and the checklist document related to spa facilities needed, the elements of spa facilities required by Muslim consumers can be presented as follows:

1. The lobby area is a terrace room near the entrance. It usually has various tables and chairs like a waiting room. The lobby should have Islamic reading materials such as magazines, tabloids, or books.

- 2. The front office needs to be equipped with written information explaining (1) this spa is a Halal spa; (2) types of spa services; (3) the price of each service; and (4) the type of cosmetics used. Cosmetics/ingredients with the official halal logo or made from herbs needs to be displayed in the room.
- 3. A clean toilet is another important thing. The toilet should be well-maintained and separated between men and women toilets, of which each toilet should be equipped with practical tools for washing.
- 4. The place of prayer needs to be equipped with (1) clean and well-maintained prayer equipment, (2) *Qibla* directions, (3) a clean and well-maintained prayer room, (4) good air circulation with air cooler or fan, (5) bright lighting, (6) place for *wudhu* with a clean and well-maintained condition, (7) the prayer time schedule; and (7) clean water installation for washing.
- 5. Interior and ornaments do not lead to polytheism and pornography.
- 6. The spa room has the following elements and criteria; (1) the room for customers is neatly arranged, clean, well-maintained, and comfortable (2) changeable lighting; (3) halal therapeutic ingredients; (4) good air circulation with cooling air or fans; (5) complete *lenna* (kimono, spa wardrobe, towel, washcloth, and slippers) which are clean and free of germs and maintained according to general health regulations; (6) dressing room with guaranteed privacy; (7) well-maintained, neatly arranged, safe, and clean spa equipment; (9) neatly arranged furniture with the principles of safe, comfortable, and efficient; (10) bathtubs must be clean, well-maintained, and guaranteed customer's privacy; (11) well-maintained trash cans following general health principles; (12) first aid equipment; and (13) locker where customer's belongings are stored.
- 7. Therapist room must be appropriate for taking a rest and self-preparation.
- 8. Music is not in a porn nuance.
- 9. Bathtubs are used personally. If the bathtubs are used together, each client must use a cloth.
- 10. The rinse room is used personally by each spa customer to rinse their body after treatment.
- 11. Washing sink is equipped with cleansing soap and antiseptic, including adequate clean water.
- 12. Locker is to leave customers' personal belongings during the spa treatment.
- 13. The eating and drinking area is needed for eating and drinking after the treatment.
- 14. Lighting control should be considered appropriate by setting the amount of irradiation according to the type of treatments.

The critical point in spa facilities only provides a conventional spa. Spas must provide space for two clients of different sexes, such as men and women. A single space is not allowed because the spa room would no longer be a private space due to the presence of two non-mahram sexes.

In addition to space, the second critical point is the use of bathtubs together at one time. If the bathtubs are simultaneously used, customers need to wear an available treatment wardrobe. Meanwhile, men and women sharing a bath is not permitted for any reason.

The third critical point is ornament and interior space. The spa is equipped with a place of worship completed with offerings and burned incenses in some places. Also, there are paintings or pictures in the room depicted a woman's naked body. The Halal spa must be free from elements that might lead to polytheism and pornography (Yaman et al., 2012).

The fourth critical point is gathering men and women during the treatment process. In the Halal spa, male clients are treated by male therapists, while female therapists treat female clients in accordance with professionalism and ethics. Spa services for men should be separate from those for women (Othman et al., 2015).

As an effort to ensure whether spa treatments do not conflict with Islamic values, a minimum standard of the spa must be first established, including (Al-Hasan, 2017):

- 1. Separate treatment rooms for men and women.
- 2. Mind and physical therapy do not lead to Sharia violations or lead to shirking.
- 3. Male therapists are only for male clients, while female therapists are for female clients.
- 4. Some facilities would be convenient for the customers to pray.
- 5. Cosmetics used are supported by official halal logo products.

Based on the BPS survey results, there were 81.55% of spa businesses in Indonesia providing music facilities, 60.52% provided soaking tubs, 95.39% provided clean toilets, and 68.04% provided lockers or luggage storage (Widoyono, 2015).

Crescent Rating provides standards and awards to the Halal spa business by giving two ratings, namely: "A" rating and "AA" rating. A spa with an "A" rating adheres to Islamic criteria and provides a satisfying spa service for Muslim tourists. The spa with an "AA" rating is designed specifically for Muslims. One of the main elements of ranking is the level of privacy offered by the spa. Crescent Rating requires separate areas for men and women. A spa with "AA" rating provides a separate area, while the "A" rating provides separate times for men and women (Widoyono, 2015). Second, the therapist has professional qualifications and a competency certificate. A female employee serves a spa for women while the male employee is in the male department. The clothing worn should be in accordance with Islamic rules. Third,

spa businesses must be registered with local authorities and obtain licenses from local authorities to run the business. Fourth, the products used are halal certified or herbal products. Finally, the spa informs Muslim customers that the spa is in accordance with Islamic requirements and is visitable.

Based on the result of research above, Halal spa's formula is described in this chart;

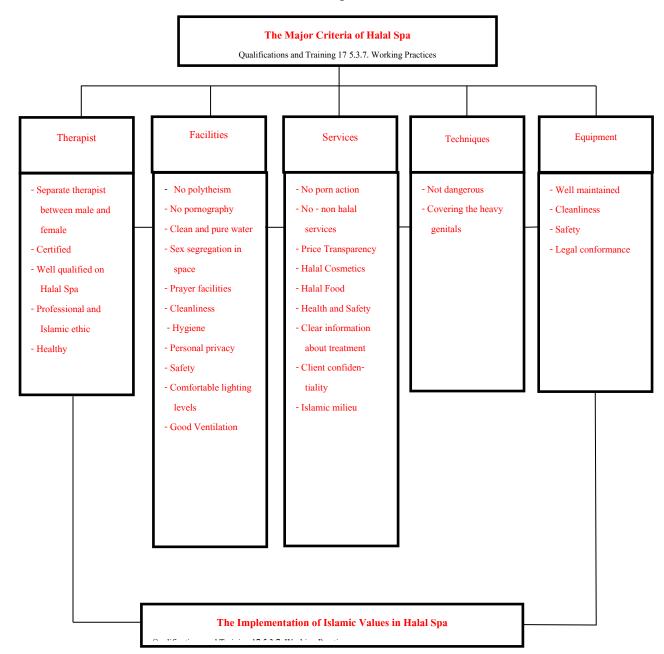


Figure 2. The Formula of Halal Spa.

Related to this research, Naura, as a Halal spa industry agent, states: "I really hope there are some standards for spa service and facilities according to Islam. There are no clear references. It makes me doubt about halal and haram. These findings are very useful."

Conclusion

This study's findings can be used to develop Halal spas based on Islamic values. Spa services had fulfilled the principles of sharia business transactions that covered selling and buying services or benefits. The business must comply with the provisions of the *Shara*' and the sale contract for the sake of *maslahah*. Following *Maqasid al-Shariah* (the objectives of *Islamic law*), spa services provide benefits for "Hifd al-'Aql" (Preservation of Intellect) and "Hifd al-Nafs" (Preservation of Life). The levels of spa Complementary Needs could be categorized into three criteria, namely *Daruriyyat* (Basic Necessities), *Hajiyyat* (Complementary Needs), and *Tahsiniyyat* (Embellishment). There are 14 elements of spa facilities. The critical point in such facilities that often occurred is that the spa room is no longer private if male and female customers could be in the same room. The second critical point if both sexes use bathing facilities at the same time. The third critical point is related to the ornament and interior because Halal spas should be free from polytheism and pornography elements. The last critical point is about the presence of a mixing area for men and women. Hopefully, this research can be followed by measuring the level of readiness and willingness of conventional spas to provide services and facilities according to the Halal spa concept.

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2 messages

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